

Intimate partner and dating violence...

Be informed!

Students at College of the Siskiyous will be protected within the ability of the college from sexual assault, sexual violence, and intimate partner and dating violence. Available services to students who are the survivors of such violence include counseling and mental health, the Student Health Clinic, victim advocacy, and legal assistance referrals. Resources for the accused are also available. Contact Student Services at (530) 938-5374 or www.siskiyous.edu/student-services/, or contact Counseling Services at (530) 938-5353 or www.siskiyous.edu/counseling/ for assistance. We want our students to be safe!

WARNING SIGNS

Intimate partner and dating violence can occur between individuals within a current or previous intimate or dating relationship, but also can occur between people who have not had a previous or current relationship. Warning signs include:

Psychological Abuse

- Threatening to hurt you, your loved ones, your pets, or your possessions
- Controlling the time you spend with others and/or where you go and/or what you wear
- Damaging or stealing your belongings
- Blaming you for abuse, saying you deserve what happens

Emotional Abuse

- Insulting you, calling you names, criticizing you, humiliating you
- Acting jealous or possessive, accusing you of being with other partners
- Withholding affection or acknowledgement in order to punish you
- Cheating on you and/or lying to you

Financial Abuse

- Preventing you from having access to bank accounts with your money
- Monitoring how you spend money and deciding what you can and cannot buy
- Stealing your money or using your savings without your permission
- Refusing to contribute to shared expenses such as rent, food, childcare, etc

Digital Abuse and Signs of Stalking

- Sending insulting or threatening messages over text, email, or social media
- Using social media site to track where you are and what you're doing
- Demanding you send sexually explicit photos or videos of yourself, or sending you theirs
- Looking through your phone and checking call history, texts, pictures, etc
- Sending you unwanted letters, texts, or messages, or calling you when you've asked them not to

Physical Abuse

- Hitting, shoving, slapping
- Controlling what you eat or when you sleep
- Forcing you to do anything against your will (use drugs, drink alcohol, work, etc)
- Stopping you for seeking medical treatment or calling police

Sexual Abuse

- Forcing or manipulating you to perform sexual acts
- Demanding sex when you're not willing or able
- Harming you during sex by holding, choking, or striking you
- Forcing you to watch pornography

EFFECTS OF TRAUMA

Individuals who experienced sexual assault or other threatening events can feel overwhelmed and respond with fear, anxiety, detachment, and/or helplessness. Extreme stress overwhelms one's ability to cope which can result in physical symptoms. Some possible effects of trauma can include:

- Physical disorders such as headaches or stomach aches
- Difficulty sleeping or wanting to sleep a lot; nightmares or flashbacks
- Frequent colds and illnesses
- Increase in alcohol and/or drug use; overeating, binge eating, or loss of appetite
- Feeling depressed, feeling alone, and/or difficulty concentrating
- Easily angered, lashing out at others, or overreacting to minor setbacks
- Avoiding friends, groups, classes or work
- Feeling emotionally numb, guilty, or ashamed; loss of interest in everyday activities

Should the individual experience any of these symptoms, we encourage individuals to seek assistance from the following resources:

- The College personal counselor – make an appointment through the Counseling Services Office
- The Siskiyou Domestic Violence & Crisis Center www.sdvcc.org
- Mental Health Resources www.co.siskiyou.ca.us/content/crisis-services
- **Crisis Text Line: 741741**

THE ROLE OF ALCOHOL AND DRUGS

Being under the influence of alcohol or other drugs can have unintended consequences, such as lowered inhibitions and confusion over whether consent was given. It can affect one's decision-making capacity, awareness of consequences, and ability to give informed consent.

In the state of California, consent to sexual acts is defined as, "affirmative, conscious and voluntary agreement to engage in sexual activity." Additionally, "lack of protest or resistance does not mean consent, nor does silence mean consent." In summary, silence or lack of resistance and/or being under the influence of a substance does not demonstrate mutual consent. In other words, you have to verbally agree and be in a clear mental state.

REPORTING

Students who are experiencing any of the above warning signs, or know someone who is, are strongly encouraged to seek help. We want our students to be safe. Students may choose to pursue the following options to report the alleged incident(s):

- Notify law enforcement authorities. Weed Police Department (530) 938-5000 or 911.
- Notify the College Title IX Coordinator located in the Human Resources Office of the college.
- If the alleged respondent is a student, Student Conduct/Discipline charges may be filed with the Vice President of Student Services office. This process can begin by contacting any college employee for assistance.
- Contact the Siskiyou Domestic Violence & Crisis Center (530) 842-6629.
- Contact the National Domestic Violence Hotline (800) 799-7233 or (800) 787-3224 (TTY).

Students also have the right to request "reasonable accommodations," such as no-contact directive or change in schedule, through the Vice President of Student Services Office during the investigation and/or as a remedy.

The College recognizes that individuals may be reluctant to report sexual misconduct due to the use of substances. Please remember that the safety and well-being of our students and campus community members are our priority and reporting sexual misconduct is strongly encouraged. In the case of use of alcohol and/or drugs on campus, violations of the Student Conduct Code will be addressed respectfully and with sensitivity.

BYSTANDER INTERVENTION

Preventing intimate partner and dating violence, and sexual harassment and/or assault, is everybody's responsibility. An engaged bystander is an individual who accepts responsibility for a situation and intervenes to ensure the well-being and/or safety of others. This is necessary to ensure we have a safe campus environment. If you notice behavior between two people that seems inappropriate, dangerous, or problematic, consider your position in the situation, your own personal safety, and weigh the benefits and consequences of intervening. Then choose the best method. You can directly intervene, disrupt the person who is being abusive, and/or get help from others. Use a calm and firm tone of voice and tell the abuser or harasser to stop and that their behavior is inappropriate. Expect to be told to mind your own business. Reaffirm that it is your business because you are a witness to it, and be firm in your commitment to ensure the behavior stops. Be supportive of the person on the receiving end of the behavior, abuse, or harassment. Encourage them to talk to someone and get help.

COLLEGE POLICIES AND PROCEDURES

Related information is in the following Administrative Policies: www.siskiyous.edu/bpap/

3430 – Prohibition of Harassment, 3435 – Discrimination and Harassment Complaints and Investigations
3501 – Campus Security and Access, 3515 – Reporting of Crimes, 3516 – Registered Sex Offender Information,
3520 – Local Law Enforcement, 3540 – Sexual and Other Assaults on Campus, 5112 – Crisis Intervention, 5500 – Standards of Student Conduct, and 5530 – Student Rights and Grievances

College of the Siskiyous Title IX information

Title IX is a federal statute that protects people from discrimination based on sex and prohibits sexual misconduct which affects the student's ability to participate in educational programs and/or activities. It also protects individuals from sexual misconduct by acts committed by other students, District/College employees and third parties. All violations of Title IX regulations are taken seriously and investigated thoroughly.

"Sexual Misconduct," as defined by the Office of Civil Rights, includes the following acts/behaviors:

- "Sufficiently serious" sexual harassment
- Sexual violence
- Physical acts against a person's will
- Rape
- Assault
- Sexual battery
- Sexual coercion
- Repeated, unwanted acts

Furthermore, College Administrative Procedure 3540 defines sexual assault as "actual or attempted sexual contact with another person..." Administrative Procedure 3430 defines sexual harassment as, "Any hostile or offensive conduct based on gender..." Sexual misconduct is also a violation of College of the Siskiyous Board Policies, specifically Board Policies 3430, 3540 and Administrative Procedures 3430 and 3540.

CONFIDENTIALITY AND PROTECTION AGAINST RETALIATION

College of the Siskiyous staff honors student confidentiality to the extent possible. Reports and investigative information is kept secure and released only on a "need-to-know" basis. If it is necessary to disclose information, individuals will be notified. Please note, that if the individual does not want their name disclosed to the respondent, it will limit the College's ability to pursue disciplinary action.

Title IX protects any individual who reports sex discrimination, sexual harassment, or sexual violence from retaliation. This means, individuals who report misconduct are protected from any adverse consequence, harassment, intimidation, or discrimination as a result of the report.

TITLE IX CAMPUS CONTACT INFORMATION

Report concerns regarding violations of Title IX to the Title IX Coordinator, (530) 938-5317
To file Student Conduct/Discipline and/or assistance with Student Services, (530) 938-5374