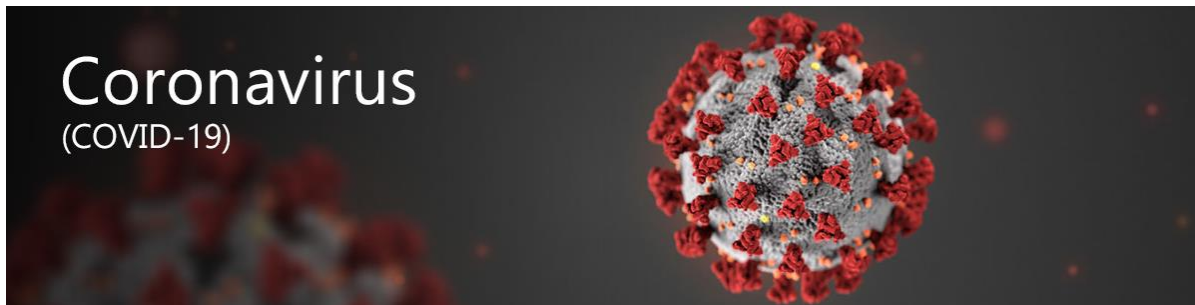




COLLEGE OF THE SISKIYOU

September 2022

COVID-19 Prevention Plan



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QUICK FACTS

PER READOPTION OF CAL/OSHA COVID-19 EMERGENCY TEMPORARY STANDARDS JUNE 4, 2021

- Employers must supply respirators (N95 masks) to employees on a voluntary use basis.
- All employees can be tested during work time at no cost.
- No physical distancing requirements.

If you feel sick stay or go home

1. System for Communicating: Employees

The following topics correspond with Cal OSHA ETS Section 3205(c)

- a. Employees should inform their supervisor, without fear of reprisal, of any COVID-19 symptoms, possible close contacts, and possible COVID-19 hazards in the workplace.
- b. Employees with medical or other conditions that put them at increased risk of severe COVID-19 illness can request accommodations through Human Resources at (530) 938-5317.
- c. Employees may get tested during their paid work time.
- d. Please report all COVID-19 hazards via the [Unsafe Conditions Reporting Form](#) and submit to Veronica Rivera at vrivera@siskiyous.edu.
- e. College of the Siskiyous will continue to keep COVID-19 case information confidential per Cal OSHA ETS 3205(c)(3)(C)

2. System for Communicating: Students

- a. Do not come to campus if you are feeling ill. Via email, notify your instructor(s) or Athletics at zmyers@siskiyous.edu. If you live in the lodges, stay in your room and email lodges@siskiyous.edu.
- b. If you begin to feel ill during the day, while on-campus, and experience any of the following symptoms, go home and email the applicable person:
 - Athletics - email zmyers@siskiyous.edu
 - CTE (POST, FIRE, EMS, WELD, NURS) - email your CTE instructor
 - Lodge residents - email lodges@siskiyous.edu
 - General students - email studentservices@siskiyous.edu

- *Fever or chills*
- *Cough*
- *Shortness of breath or difficulty breathing*
- *Fatigue*
- *Muscle or body aches*
- *Headache*
- *New loss of taste or smell*

- *Sore throat*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Diarrhea*

3. Training and Instruction

Employees are provided Cal OSHA ETS focused training through Keenan Safe Schools and resources on the College of the Siskiyous website. This training includes:

- Symptoms of COVID-19*
- Methods of physical distancing and handwashing*
- Proper use of face coverings.*
- Procedures for cleaning and disinfecting*

Contact Andrew Matheson at amatheson@siskiyous.edu to obtain access to the Keenan Safe Schools training.

Employees voluntarily using respirators (N95 masks) can find training resources at <https://www.osha.gov/respiratory-protection/training>.

4. CDPH Guidance on Isolation and Quarantine

[Per the California Department of Public Health \(CDPH\) COVID-19 Guidance on Isolation and Quarantine:](#)

Isolation: separates those infected with a contagious disease from people who are not infected.

Quarantine: restricts the movement of persons who were exposed to a contagious disease in case they become infected.

Table 1: Persons Who Should Isolate

Persons Who Test Positive for COVID-19 (Isolation) Recommended Action	
Everyone, regardless of vaccination status, previous infection or lack of symptoms.	<ul style="list-style-type: none">• Stay home for at least 5 days.• Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative.• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.• If fever is present, isolation should be continued until fever resolves.• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information) <p>*Antigen test preferred.</p>

Table 2: Close Contacts - General Public (No Quarantine)

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Actions
<p>Everyone, regardless of vaccination status.</p> <p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</p>	<ul style="list-style-type: none"> • Test within 3-5 days after last exposure. • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, test and stay home (see earlier section on symptomatic persons), AND • If test result is positive, follow isolation recommendations above (Table 1).

**** Workplace Setting (not applicable to healthcare personnel):**

In a workplace setting, asymptomatic employees in this category are not required to stay home from work if:

- A negative diagnostic test is obtained within 3-5 days after last exposure to a case
- Employee wears a well-fitting mask around others for a total of 10 days
- Employee continues to have no symptoms.

ALL CLOSE CONTACTS:

Should consider **testing** as soon as possible to determine infection status and follow all isolation recommendations above if testing positive. Knowing one is infected early enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons (close contacts) who may also benefit by knowing if they are infected. If testing negative before Day 3, retest at least a day later, during the 3-5 day window following exposure.

5. Campus Closure Guidelines

Implemented: August 30, 2021

Please note: Guidelines are subject to change based on Siskiyou County Public Health (SCPH), CalOSHA and State directives.

Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school.

Per the CDPH Re-Opening In-Person Instruction Framework:

Definition of **outbreak**: 'CDPH defines a school outbreak as 3 or more confirmed or probable cases of staff or students occurring within a 14-day period who are epidemiologically linked in the school, are from different households and are not contacts of each other in any other investigation cases (e.g., transmission likely occurred in the school setting).'

Definition of **stable group**: 'Stable groups provide a key mitigation layer in schools. A stable group is a group with fixed membership that stays together without mixing with any other groups for any activities'. Ex) Nursing students at the Yreka Campus who have not intermingled with general population students. If the cohort size is 16, then an outbreak would equate to 4 positive cases. SCPH has stated that, if the positive cases were immediately quarantined, closure can be limited to the specific program's location (for example, closure of RHSI opposed to the entire Yreka Campus). Determination of students who tested positive in a group that's considered 'stable' (such as an evening Welding class) possible exposure of the general population would be determined by contact tracers in collaboration with SCPH.

Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infected.

Within a 14-day period - Nine students (see definition of 'outbreak') test positive for COVID AND 5% of the number of students who were on-campus, when the students' tested positive, have been infected. 5% is calculated by the average number of students who checked in via the Company Nurse/Lintelio website when the nine positive cases were confirmed by SCPH. Number of students infected is also determined by SCPH and Contact Tracers. For reference, the College has 780 students enrolled in face-to-face courses and approximately 263 students checking in daily at the Weed campus and 15 at the Yreka Campus in fall 2021.

The Local Health Office may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

SCPH can determine if we need to close the campus based on the number of COVID cases they have confirmed as well as exposure rate.

CalOSHA 3205.2 Major COVID-19 Outbreaks: Employees

(1) This section applies to any workplace covered by section 3205 if 20 or more employee COVID-19 cases in an exposed group, as defined by section 3205(b), visited the workplace during their high-risk exposure period within a 30-day period.

(2) This section shall apply until there are fewer than three COVID-19 cases detected in the exposed group for a 14-day period

(b) Employers shall continue to comply with section 3205.1, except that the COVID-19 testing described in section 3205.1(b) shall be made available to all employees in the exposed group, regardless of vaccination status, twice a week or more frequently if recommended by the local health department.

For any instances where the campus has a confirmed positive COVID case, contact tracers would immediately commence contact tracing and SCPH would be consulted. The College is required to follow any closure directive set forth by SCPH. Currently, the Covid Team is in contact with SCPH when there is a positive COVID case, and as needed.

The safety of our students and employees remains the College's first priority. Certain populations of students are not able/allowed to complete their programs online and, specific populations of employees are not able to perform their work remotely. As such, we are closely working with our Public Health Department in ensuring Public Health and CalOSHA compliance.

6. Self-Care During COVID

