From: Perlas, Char
To: AllMailboxes

Subject: 5-10-22 All-College Email

Date: Tuesday, May 10, 2022 7:58:30 AM

Hello Siskiyous and Happy Law Enforcement and Military Appreciation Month!

Thank you to those who have sacrificed so much for our safety and freedom. Words cannot express our appreciation and gratitude for your service.



This Week's Updates:

- Enrollment Report: Can be accessed <u>here</u>.
- **COVID Status & Reminder**: Currently we have two positive cases on campus. This is a good time to remind everyone to continue checking-in using our COVID check-in procedures as well as checking students to ensure they have checked-in and received a wristband. Thank you for your continued cooperation in helping us keep our employees and students safe!
- Reminder-Employee Appreciation Event!: Scheduled Fri. May 20th after Commencement at the Mt. Shasta Brew Co in Weed. This event is in celebration of all of your accomplishments, hard work and efforts. Complimentary buffet featuring a COS themed menu and 2 drink tickets will be available for all!

SJEDI Corner

- This week's Cultural Nutrient to help you find calm amongst the
 - **chaos:** 'Photosynth'- is a visual and aural landscape, a visual and musical conversation. Sounds from Low Leaf's harp and crystal bowls coalesce with sonic frequencies from fruits and vegetables transmitted through Alex Abalos' modular synthesizer. A three-part animation by Adam Labuen lays a visual foundation, as he merges his background in science illustration with his love for 8-bit graphics. Evoking wildlife native to the Cordilleras of the Philippines, the ceremonial cultivation of rice in the regions, and the effects of displacement from native land.
- Part 3: Equitable Recovery In Action: Becoming Antiracist, Student Ready Institutions

 In this six-part series of webinars, the Chancellor's Office highlights ongoing efforts
 across the system to adopt, customize and scale equity-advancing strategies, tools and

- resources to facilitate systemic change and cultivate a more equitable, inclusive and transformative teaching and learning ecosystem. To register, click <u>here</u>.
- UC Native American Opportunity Plan: UC's Native American Opportunity Plan ensures that in-state systemwide Tuition and Student Services Fees are fully covered for California students who are also enrolled in federally recognized Native American, American Indian, and Alaska Native tribes. To learn more, go to: https://admission.universityofcalifornia.edu/tuition-financial-aid/types-of-aid/native-american-opportunity-plan.html. Thank you Patrice and Val for sharing this fantastic opportunity for students!

May 10, 2022 is National Fentanyl Awareness Day. Some fast facts:

- Fentanyl is extremely potent. As little as two milligrams of fentanyl, an amount equal to two grains of sand, can kill a person.
- Fentanyl is involved in more deaths of Americans under 50 than any other cause of death, including heart disease, cancer, and all other accidents.
- Mental health is a key factor: 86% reported being overwhelmed and 79% say anxiety and stress is a common reason to misuse medication.

To learn more and, to help spread the word, go to https://www.fentanylawarenessday.org/.

Char Perlas, PhD MPA MS

Interim Superintendent/President College of the Siskiyous 800 College Ave. Weed, CA 96094 (530) 938-5248

College of the Siskiyous VisionTransforming students' lives through lifelong learning and success.