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To: [AllMailboxes](#)
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Hello Siskiyous and Happy Diwali!

This week's updates:

- **Enrollment Report:** Can be accessed [here](#).
- **COVID Status:** Currently, we have two positive cases.
- **Reminder:** The Flu Clinic is scheduled this Wednesday, Oct. 26th from 12p - 4p in the LRC Lobby. Don't forget to bring your insurance card!
- **Final Budget:** The final budget will be presented this Friday at a special joint IPB/College Council meeting scheduled at 1p via Zoom and at a Special Board of Trustees meeting scheduled at 4:30p in the Board Room. Feel free to join either of these meetings to get an overview of the Final Budget. Email Amy Howell at ahowell3@siskiyous.edu for the IPB/CC Zoom link!
- **Mental Health Resource:** Dr. Gloria Morrow, Clinical Psychologist, is taking online appointments! Please email her directly to schedule: dr_gloria_morrow@msn.com.
Her available appointment slots:
 - Mon. November 7 between 10a-12p
 - Mon. November 14 between 10a - 2p
 - Mon. November 21 between 2p - 6p
 - Mon. Nov 28 between 10a - 2p
 - Mon. December 19 between 10a - 2p

SJEDI Corner

- **Happy Diwali!** Diwali is the Indian Festival of Lights which represents the triumph of good vs. evil and also celebrates the blessings of victory, freedom, and enlightenment (think of it like the end of Return of the Jedi when the Ewoks were celebrating the destruction of the Death Star). Diwali has traditionally been celebrated by the Hindu, Sikh, and Jain faiths but others, outside of these religions, have also been known to celebrate. According to almanac.com, the main celebration of Diwali takes place on the day of the new Moon, when the sky is at its darkest, so a big part of the celebration revolves around light. Fireworks are also used to ward off evil spirits. Ways you can celebrate Diwali include preparing an Indian inspired dish (below are some Indian-Inspired recipes) or creating an intricate rangoli made from rice, sand and flowers.

[East Indian Curry Dip](#)

[Raita Cucumber Yogurt Salad](#)

[Palak Panir Spinach and Tofu](#)

Sweet Potato Lentil Coconut Curry



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College of the Siskiyous Vision

Transforming students' lives through lifelong learning and success.