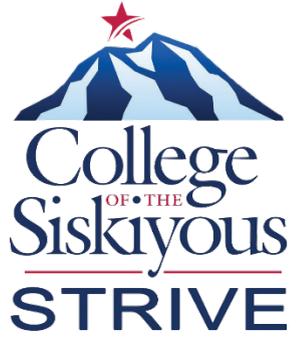


# CONTINUING EDUCATION

at College  
of the  
Siskiyou

Summer 2022



REGISTRATION  
IS  
OPEN!

# Noncredit, Community & Contract Education



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Continuing Education is an umbrella term that includes Adult Education and Noncredit tuition-free classes, fee-based Community Education, and employer-training Contract Education. The College of the Siskiyous Continuing Education Program provides the opportunity for students of all generations the opportunity to improve, upgrade, and learn new skills. The goal of Adult Education in California is to provide citizens of every age and educational level the opportunity to develop civic responsibility, a realization of the human potential, effective human relationships, and economic self-sufficiency, no matter where they are in their educational journey. Continuing Education classes are more laidback, fun, and cost-effective. Classes are offered throughout the year; meet in a variety of locations throughout Siskiyou County; and, are scheduled based on availability of instructors and interested students. All Noncredit classes are open entry/open exit which means you can enroll at any time and join the class immediately if room is available. Students' progress at their own rate and may exit from class at any time. Students' progress at their own rate and may exit from class at any time.

**YOU MAY REGISTER FOR  
CLASSES AT ANY TIME!**

**CAMPUSES MAY BE CLOSED BASED ON HEALTH DIRECTIVES.  
CONTACT THE APPROPRIATE OFFICE PRIOR TO TRAVELING TO CAMPUS.**

If due to a disability, you need this material in an alternative format, please contact the Disabled Student Programs and Services (DSPS) Office, (530) 938-5297, Eddy Hall 1.

The Siskiyous Joint Community College District (College of the Siskiyous) does not discriminate against any person on the basis of race, color, national origin, sex, religious preference, age, disability (physical and mental), pregnancy (including pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), gender identity, sexual orientation, genetics, military or veteran status or any other characteristic protected by applicable law in admission and access to, or treatment in employment, educational programs or activities at any of its campuses. College of the Siskiyous also prohibits harassment on any of these bases, including sexual harassment, as well as sexual assault, domestic violence, dating violence, and stalking.

## NONCREDIT (TUITION FREE) NO COST!

The goal of adult education in California is to provide citizens of every age and educational level the opportunity to develop civic responsibility, a realization of the human potential, effective human relationships, and economic self-sufficiency. Noncredit classes often appeal to students who are unclear about their educational goals and may have significant work or family demands. Noncredit may serve as a first point of entry for many underserved students, as well as a transition point to credit instruction. The class roster featured in this brochure is for the upcoming Spring semester (Jan 31, 2022 - May 26, 2022).

### What is Adult Education?

Adult Education (AE) classes are targeted instructional programs and student support services to help adult learners improve their English skills, become a U.S. citizen, and/or gain career technical skills to obtain a job or better job. This is a great entry-point for students who may be unclear about their work goals and may have significant work or family demands. AE may serve as a first point of entry for many underserved students, as well as a transition point to credit instruction. AE offers a bridge and educational transition to credit courses through skill building courses. AE includes the program area of Career Technical Education (CTE), English as a Second Language (ESL), Citizenship Preparation, Adults with Disabilities, and Apprenticeship.

### What is Noncredit?

Noncredit education is designed to supplement your continued growth and to enhance your employment opportunities through classes, ranging from basic skills, health care, health & wellness, to short-term vocational, workforce prep training and job retraining, those looking to obtain a high school diploma or equivalency, and individuals with disabilities through specifically targeted courses. Enrollment in noncredit courses is FREE and continues throughout each semester. All noncredit courses are subject to budget and attendance. All noncredit classes are open-entry/open-exit and do not require official letter grades. Noncredit courses are repeatable and are open to all individuals from diverse backgrounds and those seeking ways to improve their earning power and access to higher education. Noncredit courses are not transferable. Noncredit offers a bridge and educational transition to credit courses through skill building courses. Both Adult Education and Noncredit courses are FREE. If you are interested in teaching a Noncredit course or have a subject you would like us to offer, contact the Continuing Education department at 530-841-5834, 530-841-5833, [LClark6@siskiyous.edu](mailto:LClark6@siskiyous.edu), or [CFahey@siskiyous.edu](mailto:CFahey@siskiyous.edu).

### What is Community Education?

College of the Siskiyous offers a wide array of Community Education courses. These courses are open to the entire community, are not-for-credit, fee-based courses. Community Education classes allow you to dip your toe in and test new waters. Fee-based Community Education classes are offered for personal enrichment and skill development. Courses are in the areas of public interest and are open to the entire community. Community Education offer the student countless ways to benefit from the experience and expertise of our instructors and industry specialists who teach our courses. The Community Education program

receives no public funding and is self-supported through class fees. A minimum enrollment must be reached in order for a class to run. Unless otherwise noted, classes are open to all levels of experience. Classes are offered based on community interest and instructor availability. If you are interested in teaching a Community Education course or have a subject you would like us to offer, contact the Continuing Education department at 530-841-5834, 530-841-5833, [LClark6@siskiyous.edu](mailto:LClark6@siskiyous.edu), or [CFahey@siskiyous.edu](mailto:CFahey@siskiyous.edu). For the ease of our students, we have moved Community Education registration to the website listed below. The registration process is quicker and easier. You can pay for your class during registration via a credit card, or send a check to the Yreka Admissions office, 2001 Campus Drive, Yreka, CA 96097.

<https://college-of-the-siskiyous.coursestorm.com/>

## What is Contract Education?

- We deliver workforce development solutions to Siskiyou County public and private businesses. We will work with you to ensure your employees walk away with the skills they need to be effective on the job. Our customized performance-based training, assessment and consulting services help local employers like you reach your performance goals by identifying causes, conditions and barriers of performance gaps and tailoring specific solutions to enhance and improve your competitive advantage. Ask about our Customer Service Academy or the upcoming Leadership Series. We are happy to discuss our partnerships teaching Entrepreneurship. We look forward to sharing how the state might help defray your training costs.

For More Information Contact:

Suzanne Clark

530-841-5834

[LClark6@siskiyous.edu](mailto:LClark6@siskiyous.edu)

## CLASS DETAILS

### Where do courses meet?

Most classes will meet at the Yreka or Weed Campus. A few classes will be held in local communities. Addresses will be provided for the classes that meet off campus prior to the first class meeting. The goal in the future is to offer our noncredit classes countywide to better serve our community.

### Who may attend?

You may enroll if you are an adult California resident (18 years and older). K-12 students require permission from a parent and a school official.

### When are courses offered?

Class start and end dates vary throughout the semester. Be certain to check class dates listed in the schedule carefully so you don't miss the class that you want to take. Please review the current "class schedule" area on the website.

### **Cancellation:**

Check the college website for current updates, and check with instructors on class cancellation and class cancellation notification policies and procedures.

### **Schedule of courses:**

The schedule of noncredit courses is available on the class schedule tab with all of our other scheduled courses.

### **Who teaches the courses?**

Noncredit courses are taught by instructors who meet state qualifications. They have educational backgrounds and professional experience in their fields.

## **REGISTERING ONLINE FOR ADULT EDUCATION AND NONCREDIT**

### **Step 1: Apply**

- Complete a COS web application. If you have already applied to COS and have a student account, skip to Step 2. First-time COS students must submit an admissions application using CCCApply. Submit the application online and print a copy of the confirmation page for your records. This will give you a CCC ID number. After receiving your CCC ID, you must apply to College of the Siskiyous specifically. Within 24 hours you will receive an email with your College of the Siskiyous Student ID and Username.

### **Step 2: Register**

- Once you receive your email, log into your **mySiskiyous** account using your username and your password. Your password will be your six-digit date of birth in this format MMDDYY (for example: 011585). You will have the option to change it. Log into your mySiskiyous account and become familiar with your new student account.
- Previous students or students applying for regular admission may register for a class through mySiskiyous on the home page at [www.siskiyous.edu](http://www.siskiyous.edu). Community Education classes will be found with (X) following the genre of class in the Subject box (Example – XAC, XNC, etc.). Noncredit and lifelong learning class information is listed (CRN-Course).
- You can register for Community Education classes at <https://college-of-the-siskiyous.coursetorm.com/>
- Registration assistance is available by calling (530) 938-5500. mySiskiyous assistance is available by calling (530) 938-5523. Students may also use one of the following methods to register for Community Education and Noncredit/Lifelong Learning classes.

### **Step 3: Complete the registration form (fillable PDF), print and use one of these options:**

1 Email form to [registration@siskiyous.edu](mailto:registration@siskiyous.edu) - requires credit card payment information.

2

Fax form to (530) 938-5367 - requires credit card payment information.

- 3 Mail form to COS Registration; 800 College Avenue, Weed, CA 96094 OR 2001 Campus Drive, Yreka, CA 96097 – include credit card information or check.
- 4 Or, take the completed Registration Form and payment to the Admissions & Records Registration window in the John Mantle Student Center on the Weed Campus or the Yreka Campus Welcome Center – payment accepted: credit card, cash, or check.



# SCHEDULE OF CLASSES

## NONCREDIT – SUMMER 2022

### Yreka

#### **Life Story Writing** – CRN 5176 – ENGL 0599 – 01

This course is designed to help older adults find, capture, and write the stories of their lives. The course will include activities to help writers get started, activate vivid memories and engage cognitive processes to sharpen their writing skills in a supportive learning environment. Course activities promote or maintain mental, social and emotional well-being and accommodate varying skill levels. Steps in rewriting, and ways to get manuscripts into print will be included.

- Tuesday, 10:00am – 1:00pm
- May 31, 2022 – Aug 2, 2022
- Yreka, RHSI 123
- Instructor: J. McNamara-Janke

#### **Art for Older Adults** – CRN 5178 – OLAD 0508 – 01

This course is designed to introduce the older adult to art. Student will learn to use materials, work within principles and elements of art, and complete a project. Through the use of acrylic, oil, watercolor and graphite, beginning and advanced students will study and develop art techniques through drawing and painting exercises. Individual and group instruction includes composition, color mixing, and the proper use of brushes and mediums such as paper, and canvas. Student supply their own materials.

- Thursday, 10:00am – 1:40pm
- June 2, 2022 – Aug 04, 2022
- Yreka, Room 3
- Instructor: J. McNamara-Janke

#### **Lifelong Fitness – Water Fitness** – CRN 5112 – PEFI 0519 – 02

This physical fitness exercise course is designed to develop and encourage positive attitudes and habits with regard to cardiovascular efficiency, body composition, muscular strength and endurance, and flexibility. Students will explore and participate in exercises designed to increase movement and physical strength using the basic mechanics of endurance and flexibility.

- Monday/Wednesday/Friday, 8:00am – 9:50am
- Jul 5, 2022 – Aug 17, 2022
- Yreka, Baymont Inn
- Instructor: N. Collier

## **Weed**

### **ESL Level I - CRN 5059 - ESL 0561 - 01**

This course basic English conversation and literacy skills for speakers of other languages, with practice in the structure and form of English. Speaking and listening skills are practiced, with introduction to writing and reading, utilizing appropriate level texts.

Tuesday 9am - 12pm, Tuesday/Thursday 5:30pm-8:30pm

June 20, 2022- Aug 18, 2022

Weed Campus, McCloud Hall 4-101

Instructor - Ignacio Bucio

### **ESL Level II - CRN 5060 - ESL 0562 - 01**

This course reinforces and expands a non-native English speaking student's literacy and language skills. It engages students in collaborative activities that integrate reading, writing, speaking, and listening. Basic grammar and vocabulary are introduced in context. Prerequisite: ESL 0561

Tuesday 9am - 12pm, Tuesday/Thursday 5:30pm-8:30pm

June 20, 2022- Aug 18, 2022

Weed Campus, McCloud Hall 4-101

Instructor - Ignacio Bucio

### **Community Choir - Mt. Shasta Jazz & Show Choir - CRN 5049 - MUS 0506 - 01**

This course includes the student and performance of standard choral literature. Music from the 16th Century to the modern will be prepared for public performance.

Sunday June 26 - 1pm - 5pm;

Monday/Tuesday/ Wednesday/Thursday/ Friday/Saturday June 27 - July 02

-9:00am - 4:50pm

Instructor Ron Slabbinck

### **Community Theatre – "Morning Session" CRN 5019 – THEA 0531 – 01**

This course is offered as a non-credit option for students and community members wishing to participate in Theatre Department Productions, in which they will serve as actors and/or technicians. Participation includes auditioning, rehearsing, developing character, and performing in COS theatre productions.

- Monday/Tuesday/Wednesday/Thursday/Friday, 8am– 12:00pm Jul 11 - 22
- Friday/Saturday, 6pm - 8pm, Jul 22 - 23
- Weed, Theatre 7
- Instructor: L. Keim

### **Community Theatre - "Afternoon Session" - CRN 5189 - THEA 0531 - 04**

This course is offered as a non-credit option for students and community members wishing to participate in Theatre Department Productions, in which they will serve as actors and/or technicians. Participation includes auditioning, rehearsing, developing character, and performing in COS theatre productions.

Monday/Tuesday/Wednesday/Thursday/Friday, 1pm– 5:00pm Jul 11 - 22  
 Friday/Saturday, 6pm - 8pm, Jul 22 - 23

Weed, Theatre 7  
 Instructor: L. Keim

## **HAPPY CAMP**

### **Basic Construction Fundamentals and Green Building - CRN 5138 - WORK 0517-01**

This course will introduce students to the basic fundamentals of residential construction. Students learn the basic concepts and skills needed to prepare for entry-level employment in the construction industry. This course includes instruction and practice in the application of basic math skills for construction and the safe use of construction power tools.

Monday/Wednesday, 4pm - 8pm  
 Jul 11 - Aug 31  
 Happy Camp HS  
 Instructor TBA

## **ONLINE**

### **Body Dynamics and the Aging Process I – CRN 5039 – OLAD 0531 – 01 – ZOOM –**

This course uses lecture, demonstration and practice to teach the older adult student strategies for implementing a physical activity program, techniques from stress reduction, and key healthy aging concepts such nutrition and disease.

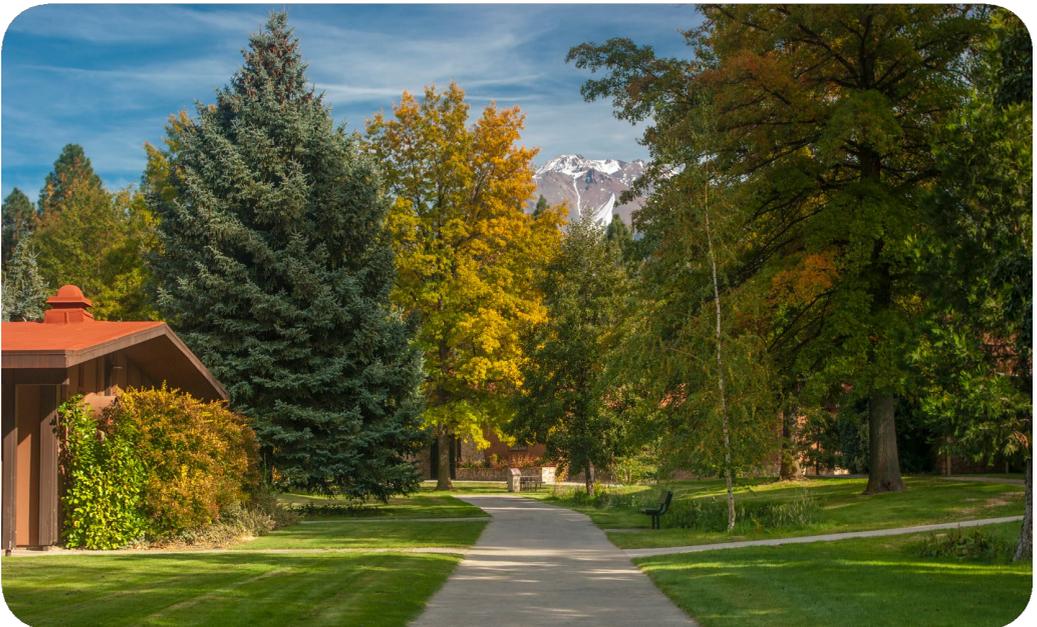
**Make sure both COS and the instructor have your correct email address.**

- Tuesday/Thursday, 10:00am – 10:50am
- May 31, 2022 – Aug 04, 2022
- ZOOM
- Instructor: T. Stoltenburg

## REGISTERING ONLINE FOR COMMUNITY EDUCATION

Registering online for Community Education courses has been difficult in the past. For the ease of our students, we have moved Community Education registration to the website listed below. The registration process is quicker and easier. You can pay for your class during registration via a credit card, or send a check to the Yreka Admissions office, 2001 Campus Drive, Yreka, CA 96097. Contact the Continuing Education department at 530-841-5834, 530-841-5833, [LClark6@siskiyous.edu](mailto:LClark6@siskiyous.edu), or [CFahey@siskiyous.edu](mailto:CFahey@siskiyous.edu).

**College of the Siskiyous**  
*Office of Continuing Education*  
2001 Campus Drive  
Yreka, CA 96097  
(530) 841-5834



# SCHEDULE OF CLASSES

## COMMUNITY EDUCATION – SPRING 2022

### ZOOM

#### **Belly Dancing – XFW 320 – 03**

Creativity, flexibility, improvisation, and healthy movement, along with belly dance-inspired movements set to energetic international music! A fusion of modern and ancient traditions, online for comfort and convenience. You can dance like nobody's watching! All classes are Pacific time.

**Make sure both COS and the instructor have your correct email address.**

- Thursday, 5:00pm – 6:00pm
- June 2, 2022 – August 4, 2022
- ZOOM
- Instructor: R. Vandiver
- Class Fee: \$35

Check our websites frequently for new offerings.

For Adult Ed and Noncredit <https://www.siskiyous.edu/continuinged/>

For Community Education <https://college-of-the-siskiyous.coursetorm.com/>

## ABOUT COLLEGE OF THE SISKIYOU



Established in 1957, College of the Siskiyous (COS) is one of 115 publicly funded California community colleges. Classes began September 10, 1959 with 67 students and only three campus buildings. Since that humble beginning, COS has greatly expanded its programs, services, and facilities. COS is accredited by the Accrediting Commission for Community and Junior Colleges (ACCJC) of the Western Association of Schools and Colleges. The Fire/Emergency Response Technology Program is approved as an Accredited Regional Academy through the State Fire Marshal's Office. The Law Enforcement Academy, Paramedic/Emergency Medical Technician, Licensed Vocational Nursing and Registered Nursing Programs are accredited by their respective state agencies.

COS is located at the base of Mount Shasta (elevation 14,162 feet) in far northern California. Its 250-acre primary campus is centered in the historic lumber town of Weed, named after its founder Abner Weed, and is easily accessible from Interstate 5 and Highway 97. In addition to its primary campus, COS operates a smaller campus in Yreka, 30 miles north of Weed.

Opportunities for outdoor recreation and sports abound: disc golf, hiking, camping, running, swimming, bicycle touring and mountain biking, rock and mountain climbing, hunting, fishing, and boating. Rafting and kayaking on nearby whitewater rivers such as the Klamath, McCloud, and Sacramento are special attractions. In the winter, there is downhill and cross-country skiing, and snowboarding on beautiful Mount Shasta or Mount Ashland to the north in southern Oregon.

Our students repeatedly express their feelings regarding their experience at College of the Siskiyous in terms of the warmth and friendliness of the faculty and staff, the availability of quality instruction in a caring atmosphere, and their level of preparedness for life beyond COS.

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800 College Avenue  
Weed, CA 96094

## RESIDENTIAL CUSTOMER

### Contact:

**Suzanne Clark**

*Director Noncredit, Community and Contract Education*

Phone: (530) 841-5834

Email: [lclark6@siskiyous.edu](mailto:lclark6@siskiyous.edu)

**Visit us online at:**  
[www.siskiyous.edu/continuinged/](http://www.siskiyous.edu/continuinged/)