PHYSICAL EDUCATION – KINESIOLOGY

Kinesiology is an academic area of study concerned with the art and science of human movement. The Physical Education - Kinesiology program at College of the Siskiyous offers a balanced approach to wellness based upon the individual interests and needs of the student. In addition to the course required to major in physical education – kinesiology, the college offers a wide variety of physical education and recreation activity courses, intercollegiate competition in many sports, and adaptive physical education. The Physical Education – Kinesiology curriculum may also academically prepare the student to transfer to a 4-year university to complete a Baccalaureate degree program. Please check with a counselor for specific transfer requirements.

- BIO 2700 - Human Anatomy ........................................................................................................4
- BIO 2800 - Human Physiology ...................................................................................................5
- HEA 1010 - Health in Action .....................................................................................................3
- PEMA 1030 - Principles of Physical Fitness and Wellness .........................................................3
- PEMA 1035 – Introduction to Athletic Training ............................................................................3
- Complete 6 units of PEAC, PEFI, or PEMA courses ..................................................................6

Total Units .....................................................................................................................................24

A grade of C or better is required for all major courses.

Updated: 2/07/12