Welcome to the Spring 2010 semester at COS!

Many changes are taking place in Eddy Hall and with the EOPS/CARE programs this semester. You may have heard that the EOPS/CARE programs will not be able to accept (due to greatly reduced state funding) NEW applications for the Spring 2010 semester ONLY. We will begin to accept NEW applicants for the Fall 2010 semester beginning April 19, 2010. Please tell your friends and family now to apply and register early for the Fall 2010 semester. Our CalWORKs program will remain open to all eligible students and our Student Support Services program will remain open until filled.

Also, you may have noticed the construction and moving going on in Eddy Hall during October-December, 2009. Beginning on January 4, 2010, Counseling Services will join us in Eddy Hall. This means that some of your favorite people at COS, Bruce, Sunny, Denis, Meghan, Rachael, Charlie and Martha, will move to Eddy Hall and join the EOPS/CARE/CalWORKs/DGPS/SSS staff. This will enable us to provide seamless and convenient services to all our students at the College of the Siskiyous. If you haven’t seen the newly remodeled Eddy Hall—come on by!

I hope your Spring 2010 semester is a good one and I look forward to seeing each of you at your next counseling appointment.

Kim Lopez

Transfer Update by Kim Peacemaker

More and more students are going to college. This is great news, but it can lead to more strict admission criteria. For those of you that are planning on transferring to a CSU campus, hopefully you have done some research on the current admission policies of your campus of choice. Some CSU’s are only accepting transfer students from their immediate “service area.” Meaning, if you don’t attend one of the California Community Colleges designated to be in their “service area,” most likely you won’t get first priority. Only a few campuses have implemented this policy, but you never know if this is a growing trend or not. COS is in the “service area” of CSU Chico, Humboldt, and UC Davis.

Special points of interest:

- Orientations begin January 6
- Classes begin January 11
- In order to receive the EOPS book voucher in the Spring, you must be registered full time by December 17
- Best & Worst Jobs
- Time to apply for scholarships
- FAQ

Inside this issue:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>EOPS Orientations</td>
<td>2</td>
</tr>
<tr>
<td>SSS Orientations</td>
<td>2</td>
</tr>
<tr>
<td>EOPS Info/Reminders</td>
<td>2</td>
</tr>
<tr>
<td>Best Jobs/Stressful Jobs</td>
<td>3</td>
</tr>
<tr>
<td>Scholarships</td>
<td>3</td>
</tr>
<tr>
<td>FAQ</td>
<td>4</td>
</tr>
</tbody>
</table>
EOPS Orientations

Spring 2010 Orientations
Yreka—Wednesday, January 6 at 10–11:30am in TC 1 & 2
Weed—Thursday, January 7 at 2–3:30pm
   Friday, January 8 at 11am–12:30pm
   Monday, January 11 at 2–3:30pm
   Tuesday, January 12 at 3:30–5pm
   Friday, January 15 at 10–11:30am

Orientations in Weed will be in Life Science 9

EOPS additional info/reminders

Don’t forget…(if you are in EOPS)

- You must be enrolled full time by December 17, 2009 for the Spring semester to be eligible for the EOPS book voucher. (you should have signed EOPS addendum)
- You must have met with a counselor twice to receive the full book voucher in the Spring semester.
- Due to budget cuts, the EOPS book voucher is going to be less than $300.
- Orientations begin January 6.
- You must attend an orientation at the beginning of the semester to be in EOPS.
- If you are not enrolled full time, but you are still eligible to be in EOPS, then you can still receive the other EOPS services other than the book voucher.
- Classes begin on January 11 for the Spring semester.

See you next year! 2010

Have a good holiday break!
Best Jobs & Most Stressful Jobs in America

According to CNNMoney.com here are the top 15 best jobs in America (top careers with great pay and growth prospects):

1– Systems Engineer
2– Physician Assistant
3– College Professor
4– Nurse Practitioner
5– Information Technology Project Mgr
6– Certified Public Accountant
7– Physical Therapist
8– Computer/Network Security Consultant
9– Intelligence Analyst
10– Sales Director
11– Anesthesiologist
12– Software Developer
13– Pharmacist
14– Occupational Therapist
15– Nurse Anesthetist

Top stressful jobs that pay badly:

1– Social Worker
2– Event Coordinator
3– Probation/Parole Officer
4– Reporter
5– Music Director
6– Membership Coordinator
7– Fundraiser
8– Photographer
9– Assisted Living Coordinator
10– Ministry
11– Therapist
12– Curator
13– Drug/Alcohol Counselor
14– Producer
15– High School Teacher

Scholarship Information

There are quite a few scholarships out there. You just have to find them and apply for them.

One scholarship opportunity is the Ford Family Scholarship. Take a look at www.tfff.org for more information on the scholarships available. The deadline to apply is March 1st.

There are some other places to find scholarships, such as the COS website. Applications are available beginning on January 15 from the COS Financial Aid office or the Foundation office. The deadline to apply is March 31. If you would like help with the scholarship applications, come by the EOPS & SSS Office.

How can I get more money for college?
Q– Do I have to re-apply for EOPS or SSS each semester?
A– No, you have to attend an orientation each semester to receive services. If you take an entire semester off (Fall or Spring), then you would have to re-apply.

Q– Do I have to attend an orientation each semester?
A– Yes.

Q– Do I have to be enrolled in a Math class?
A– You need to be enrolled in a Math class until you are done with the level of Math needed for your goal.

Q– Do I have to be enrolled full time?
A– Yes, to be eligible for the EOPS book voucher.

Q– Do I have to be enrolled in an English or Reading class?
A– Yes, you need to be enrolled in a READ and/or ENGL class until you have at least completed ENGL 1A or your English requirement for your goal.

Q– What is the difference between a counselor contact and a progress check in?
A– A ‘counselor contact’ is meeting with a counselor to update your educational plan or assist you with registration or some other academic advising. A ‘progress check in’ is when you go on My Navigator and print out your (census) progress report with S or U’s on it and discuss it with an advisor in EOPS. Progress check ins are held within a specified time (right after the census are distributed by the instructors). At least two counselor contacts have to be met each semester.