WEEK FOUR BREAKFAST
Monday - Cheesy Eggs
Scrambled Eggs with Cheese, Potatoes, Bacon/Sausage, Fruit
Tuesday - Basic Breakfast
Eggs, Bacon or Sausage, Potatoes
Wednesday - Breakfast Sandwich
Croissant with Fried Egg, Bacon or Sausage, Cheddar Cheese, with Hash Brown Patty
Thursday - Banana Pancakes
Banana Pancakes, Bacon, Eggs
Friday - English Muffin Breakfast Sando
Bacon, Egg, Cheese, Tomato, Greens, on Toasted English Muffin, with Fruit

WEEK FOUR LUNCH
Monday - Pizza Bread
French Bread with Pizza Sauce, Cheese, and Pepperoni, with Caesar Salad
Tuesday - Loaded Nachos
House Made Tortilla Chips, Cheese, Beef or Chicken, Onion, Jalapeno, Olives
Wednesday - Cobb Salad
Greens, Ham, Turkey, HB Egg, Cheese, Tomato, Avocado, Blue Cheese Crumbles and Dressing
Thursday - Power Bowl (High Protein)
Chicken, Brown Rice, Avocado, Pepitas, Roasted Veggies, Greens, & Dressing
Friday - CA Burger - Impossible Burger
Beef Burger, Bacon, Avocado, Cheese, Lettuce, and Tomato, Garlic Aioli, Onion, with Fries or Pasta Salad

WEEK FOUR DINNER
Monday - Tortellini
Cheese Tortellini, Cream Sauce, Sliced Chicken, Veggies
Tuesday - Roasted Chicken
Roasted Chicken, Mashers, Veggies
Wednesday - Beef Fajita
Beef Strips, Peppers/Onion, Tortilla, Beans, Rice, and Condiments
Thursday - Pulled Pork Sandwich
BBQ Pulled Pork served on a bun, Sweet potato fries and coleslaw.
Friday - Korean Wings
Roasted Chicken Marinated in Korean Sauce, Brown Rice, and Veggies

BE WELL * BE SAFE

MAIN BUFFET PRICE
Breakfast $ 7.57
Lunch $ 8.38
Dinner $ 9.24

Grab and Go item pricing varies

Gluten Free and Vegan Options Are Always Available. Please Inform Supervisor Of Any Food Allergies or Dietary Restrictions or Preferences

Rev. 3/21/22

Served
Feb 14 - Mar 14 - Apr 11- May 9

EAGLE CAFE
DINING HALL
Breakfast
Monday - Friday 7:00 - 9:00
Weekends: Grab and Go Only

Lunch
Monday - Friday 12:00 - 2:00
Weekends: Grab and Go Only

Dinner
Monday - Friday 5:00 - 6:30
Weekends: Grab and Go Only

Weekend Hours: 10:00 - 2:00
Holiday/snow: 10:00-2:00

College of the Siskiyous

This menu is subject to change due to vendor ordering restrictions
**WEEK ONE BREAKFAST**

**Monday - Basic Breakfast**
Eggs, Bacon or Sausage, and Potatoes

**Tuesday - Breakfast Bowl**
Diced Potatoes, Eggs, Veggies, Cheese, Salsa and Sour Cream

**Wednesday - Breakfast Burrito**
Hash Browns, Sausage or Bacon, Eggs, Cheese, Salsa and Sour Cream

**Thursday - Beef Hash**
Diced Beef, Diced Potatoes, Bell Pepper, Onion, with Tots or Fruit

**Friday - French Toast**
House Made French Toast with Bacon or Sausage, and Fruit

**WEEK ONE LUNCH**

**Monday - Deli Sandwich**
Choose Roast Beef or Turkey on a Roll with Lettuce, Tomato, Red Onion, Cheese, and Fries

**Tuesday - Taco**
2 Tacos, Rice, Beans, and Condiments

**Wednesday - Macaroni & Cheese**
Pasta Tossed With Creamy Cheese Sauce, Chicken and Roasted Vegetable.

**Thursday - Grilled Cheese and Tomato Soup**
Provolone and Cheddar Cheese Grilled served with Tomato Soup.

**Friday - Eagle Burger / Impossible Burger**
Burger, Lettuce, Tomato, Red Onion, Cheese, and Bacon with Fries

**WEEK ONE DINNER**

**Monday - Chicken and Pasta Alfredo**
Grilled Chicken over Pasta with Alfredo Sauce, Veggies, Dinner Roll

**Tuesday - Fried Chicken Dinner**
Crispy Chicken Fried served with Mashed Potatoes, Gravy and Corn

**Wednesday - Steak Dinner**
Grilled Steak, French Fries, Green Salad

**Thursday - Teriyaki Chicken**
Teriyaki Chicken Veggies and Rice

**Friday - Pizza & Wings**
Individual Pizza (Pepperoni, Veggie, or Cheese), 6 Wings with Sauce, Salad

**WEEK TWO BREAKFAST**

**Monday - Buttermilk Pancakes**
2 Pancakes, Bacon or Sausage, Eggs

**Tuesday - Breakfast Sandwich**
Toasted Croissant, Fried Egg, Bacon or Sausage, Cheese, with Tots or Fruit

**Wednesday - Beef Hash**
Diced Beef, Diced Potatoes, Bell Pepper, Onion, with Tots or Fruit

**Thursday - Eagle Scramble**
Scrambled Eggs with Bacon, Cheese, Veggies, with Hash Browns

**Friday - Basic Breakfast**
Eggs, Bacon or Sausage, Potatoes

**WEEK TWO LUNCH**

**Monday - Entree Salad**
Choose: Chicken Caesar OR Steak & Bleu Cheese

**Tuesday - Fajitas**
Chicken Fajita, Rice, Beans, and Condiments

**Wednesday - Deli Sandwich**
Choose Roast Beef or Turkey, Lettuce, Tomato, Red Onion, Cheese on a Roll, with Chips

**Thursday - Thai Coconut Curry**
Chicken with vegetables in mild curry sauce over bed of Rice

**Friday - College Wrap**
Chicken, Bacon, Lettuce, Tomato, Shredded Cheese, and Ranch Dressing, with Fries

**WEEK TWO DINNER**

**Monday - Mandarin Orange Chicken**
Breaded Chicken in Orange Sauce, Steamed Rice, and Veggies

**Tuesday - Roasted Chicken Dinner**
Organic Roasted Chicken, Veggies, Brown Rice Salad

**Wednesday - Broccoli Beef**
Marinated Beef and Broccoli Over Rice

**Thursday - Strips OR Wings**
Fried Chicken Strips or Wings with Sauce, and Fries

**Friday - Steak Sandwich**
Thin Sliced Steak, Lettuce, Tomato, Onion, Cheese, with Fries or Caesar Salad

**WEEK THREE BREAKFAST**

**Monday - French Toast**
House Made French Toast, Bacon or Sausage, and Fruit

**Tuesday - Protein Bowl**
Diced Potatoes, Avocado, Chicken Sausage, Greens, 2 Eggs, Cheese

**Wednesday - Breakfast Burrito**
Hash Browns, Bacon or Sausage, Eggs, Cheese, Salsa and Sour Cream, with Fruit

**Thursday - Blueberry or Banana Pancakes**
2 Pancakes, Bacon or Sausage, and Eggs

**Friday - Eagle Scramble**
Scrambled Eggs with Bacon, Cheese, Veggies, Greens, with Hash Brown

**WEEK THREE LUNCH**

**Monday - Strips and Fries**
4 Chicken Strips, Fries, and Dipping Sauces

**Tuesday - Green Chile Chicken Sandwich**
Grilled Sandwich with Sliced Chicken, Green Chile, and Jack Cheese, with Green Salad or Tots

**Wednesday - Mexican Caesar Salad**
Greens Topped with Chopped Chicken or Beef, Corn, Tomato, Black Beans, Bell Pepper, Olives, Cotija Cheese with Mexican Caesar Dressing

**Thursday - Philly Cheese Steak Sandwich**
Amorosa Roll Stuffed with Sliced Beef, Peppers, Onions, and Provolone Cheese, with Fries or Green Salad

**Friday - Buffalo Chicken Sandwich**
Crispy Chicken, Shredded Lettuce, Tomato, Red Onion, and Buffalo Mayonnaise in Flour Tortilla with Tots or Fruit

**WEEK THREE DINNER**

**Monday - BBQ Chicken**
BBQ Chicken, Pasta, and Veggies

**Tuesday - Teriyaki Beef**
Teriyaki Beef, Rice and Veggies

**Wednesday - BBQ Ribs**
BBQ Ribs, Au Gratin Potatoes, Veggies

**Thursday - Spaghetti with Red Sauce**
Spaghetti with Red Meat Sauce, Caesar Salad, Garlic Bread

**Friday - Sloppy Joes**
Savory beef marinated in a classic red sauce on an open face bun, Veggies