If you feel sick stay or go home
Keep Yourself Safe

SOURCE: WORLD HEALTH ORGANIZATION

Wash your hands often with soap and water for at least 20 seconds
Wear a mask when you're going out and put it on properly
If you feel sick, stay home

TABLE OF CONTENTS

QUICK FACTS .......................................................................................................................... 1

1. System for Communicating: Employees ................................................................. 1
2. System for Communicating: Students ................................................................. 1
3. Training and Instruction ......................................................................................... 2
4. Mask Guidelines ..................................................................................................... 2
5. COVID Requirement ............................................................................................. 2
6. Failure to Comply with the COVID Requirement ............................................ 3
7. On-Campus Check-in Procedures ...................................................................... 4
8. CDPH Guidance on Isolation and Quarantine .................................................. 4
9. Campus Closure Guidelines .................................................................................. 7
10. Self-Care During COVID-19 ................................................................................. 8
QUICK FACTS
PER READOPTION OF CAL/OSHA COVID-19 EMERGENCY TEMPORARY STANDARDS
JUNE 4, 2021

- All employees, students and visitors are required to wear a mask indoors.
- Employers must supply respirators (N95 masks) to employees on a voluntary use basis.
- All employees can be tested during work time at no cost.
- No physical distancing requirements (although encouraged indoors).

If you feel sick stay or go home

1. System for Communicating: Employees
The following topics correspond with Cal OSHA ETS Section 3205(c)
   a. Employees should inform their supervisor, without fear of reprisal, of any COVID-19 symptoms, possible close contacts, and possible COVID-19 hazards in the workplace.
   b. Employees with medical or other conditions that put them at increased risk of severe COVID-19 illness can request accommodations through Human Resources at (530) 938-5317.
   c. Employees may get tested during their paid work time.
   d. Please report all COVID-19 hazards via the Unsafe Conditions Reporting Form and submit to Veronica Rivera at vrivera@siskiyous.edu.
   e. College of the Siskiyous will continue to keep COVID-19 case information confidential per Cal OSHA ETS 3205(c)(3)(C)

2. System for Communicating: Students
   a. Do not come to campus if you are feeling ill. Via email, notify your instructor(s) or Athletics at zmyers@siskiyous.edu. If you live in the lodges, stay in your room and email lodges@siskiyous.edu.
   b. If you begin to feel ill during the day, while on-campus, and experience any of the following symptoms, go home and email the applicable person:
      Athletics - email zmyers@siskiyous.edu
      CTE (POST, FIRE, EMS, WELD, NURS) - email your CTE instructor
      Lodge residents - email lodges@siskiyous.edu
      General students - email studentservices@siskiyous.edu

      - Fever or chills
      - Cough
      - Shortness of breath or difficulty breathing
      - Fatigue
      - Muscle or body aches
• Headache
• New loss of taste or smell
• Sore throat
• Congestion or runny nose
• Nausea or vomiting
• Diarrhea

3. Training and Instruction
Employees are provided Cal OSHA ETS focused training through Keenan Safe Schools and resources on the College of the Siskiyous website. This training includes:
   i. Symptoms of COVID-19
   ii. Methods of physical distancing and handwashing
   iii. Proper use of face coverings.
   iv. Procedures for cleaning and disinfecting

Contact Andrew Matheson at amatheson@siskiyous.edu to obtain access to the Keenan Safe Schools training.

Employees voluntarily using respirators (N95 masks) can find training resources at https://www.osha.gov/respiratory-protection/training.

4. Mask Guidelines
After careful monitoring and review of new guidance from the local and national agencies, College of the Siskiyous leadership, in consultation with constituency groups, has revised College guidelines and safety protocols as follows:

• As a result of the increase in positive COVID cases and, after receiving feedback from Siskiyou County of Public Health (SCPH) and constituent groups, all individuals are required to wear a mask indoors (regardless of vaccination status).
• Masks may be removed if alone in an office or while actively eating or drinking. We expect those who are working alone in an office will put their mask on when being visited by an already masked individual.
• Since Athletes are tested weekly, Athletes will not be required to wear masks during indoor competitions and training, but indoor spectators will be required to wear masks.
• Students and employees need to wear face coverings when in vehicles with more than one person.
• N95 masks will be available for those that would like one upon request.

An easy to read flyer can be accessed here.

5. COVID Requirement
At the December 2021 Board meeting, the COS board passed AP5210, which states the following in regard to vaccinations or weekly testing:

• Students must show proof of vaccination or commence weekly COVID testing by Jan 14, 2022.
• Employees must show proof of vaccination or commence weekly COVID testing by Jan 14, 2022.
Proof of vaccination or weekly COVID test results should be uploaded via the Company Nurse platform which can be accessed in mySiskiyous or here: https://siskiyous.lintelio.com/. Directions on using Company Nurse can be accessed below:

- [Company Nurse Instructions for Students](#)
- [Company Nurse Instructions for Employees](#)

Accepted weekly COVID test results – Antigen (rapid) and PCR. Nonacceptable weekly COVID test results – At-home rapid self-tests. Employees may get COVID tested during work hours.

The weekly on campus testing schedule can be found on the College's COVID-19 page and here: https://www.siskiyous.edu/health/documents/COVID_testing_schedule.pdf

6. **Failure to comply by the COVID Requirement (AP 3506)**

**Students**

**COVID REQUIREMENT WARNING**

Students not in compliance with the College's COVID-19 Requirement (AP 3506) and/or Mask Policy are in violation of the Student Code of Conduct.

Overview of Student Conduct Process (AP 5520):

1. Conduct Reported
2. Information Meeting to discuss imposed sanction
3. Student Conduct Hearing
4. Hearing Outcome
5. Opportunity for Student to Appeal
6. Appeal Outcome

Failure to comply with the Student Code of Conduct can lead to being dropped from all of your classes, suspension or expulsion.

**Employees**

On Dec. 14, 2021, Interim Superintendent/President Char Perlas announced the Siskiyou Joint Community College District Board Policy that as a condition of employment, all existing and new Siskiyou Joint Community College District faculty, classified employees, administrators, hourly employees (short-term temporary employees), contract employees, and student employees must provide proof of full COVID-19 vaccination or submit weekly COVID Test results. On Dec. 14, 2021, the District announced the January 14, 2022 compliance deadline for employees. The District has a dedicated COVID-19 website which summarizes the District’s [Administrative Procedure 3506](#), COVID-19 Requirement for Employees and Students. The [COVID-19 website](#) clearly outlines the College’s COVID-19 Requirement and directions on
uploading proof of vaccination and weekly COVID Test results in Company Nurse. It also contains a number of resources, such as Company Nurse directions for both employees and students, on-campus check-in procedures, mask effectiveness, and the College’s COVID-19 Prevention and Mitigation plan.

Failure to comply with the District’s Administrative Procedure 3506, COVID-19 Requirement for Employees and Students, will result in the following:

7. On-Campus Check-in Procedures: Employees & Students
All students and staff coming onto campus are required to check-in using the Company Nurse platform. This platform helps to ensure your safety, as well as the safety of your co-workers and students by performing a daily health screening. It is accessible in mySiskiyous as well as the following website: https://siskiyous.lintelio.com/.

**On-Campus Secondary Screening and Initial Check-in option**

Once you have uploaded either proof of vaccination or weekly COVID test result and, completed the screening questions in Company Nurse, please proceed to one of the locations listed below to show proof of ‘OK’ screen. Each location will check your temperature and provide you with a wristband.

- Weed Campus - Human Resources, TRiO, or Basecamp Headquarters (HQ)
- Yreka Campus - Welcome Center
- If you are checking in before 8 a.m., or after 4:30 p.m., please go to Basecamp Headquarters (HQ).
- You must wear the wristband while you are on campus

*For technical assistance with Company Nurse*
- Students email studenthelpdesk@siskiyous.edu
- Employees email techservices@siskiyous.edu

8. CDPH Guidance on Isolation and Quarantine
*Per the California Department of Public Health (CDPH) COVID-19 Guidance on Isolation and Quarantine:*

**Isolation:** separates those infected with a contagious disease from people who are not infected.

**Quarantine:** restricts the movement of persons who were exposed to a contagious disease in case they become infected.
## Persons Who Test Positive for COVID-19 (Isolation)

<table>
<thead>
<tr>
<th>Recommended Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone, regardless of vaccination status, previous infection or lack of symptoms.</td>
</tr>
<tr>
<td>• <strong>Stay home</strong> (PDF) for at least 5 days.</td>
</tr>
<tr>
<td>• Isolation can end after day 5 if symptoms are not present or are resolving <strong>and</strong> a diagnostic specimen* collected on day 5 or later tests negative.</td>
</tr>
<tr>
<td>• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.</td>
</tr>
<tr>
<td>• If fever is present, isolation should be continued until fever resolves.</td>
</tr>
<tr>
<td>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</td>
</tr>
<tr>
<td>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information).</td>
</tr>
</tbody>
</table>

*Antigen test preferred.

## Table 2

### Persons Who are Exposed to Someone with COVID-19 (Quarantine)

<table>
<thead>
<tr>
<th>Recommended Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Unvaccinated; OR</td>
</tr>
<tr>
<td>• Vaccinated and booster-eligible but have <strong>not</strong> yet received their booster dose.**</td>
</tr>
<tr>
<td>(Refer to <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-eligibility.html">CDC COVID-19 Booster Shots</a> to determine who is booster eligible)</td>
</tr>
<tr>
<td>• <strong>Stay home</strong> (PDF) for at least 5 days, after your last contact with a person who has COVID-19.</td>
</tr>
<tr>
<td>• Test on day 5.</td>
</tr>
<tr>
<td>• Quarantine can end after day 5 if symptoms are not present <strong>and</strong> a diagnostic specimen collected on day 5 or later tests negative.</td>
</tr>
<tr>
<td>• If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.</td>
</tr>
<tr>
<td>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information).</td>
</tr>
<tr>
<td>• Strongly encouraged to get vaccinated or boosted.</td>
</tr>
<tr>
<td>• If testing positive, follow isolation recommendations above.</td>
</tr>
<tr>
<td>• If symptoms develop, test and stay home.</td>
</tr>
</tbody>
</table>
Workplace Setting (not applicable to healthcare personnel):

In a workplace setting, asymptomatic employees in this category are not required to stay home from work if:

- A negative diagnostic test is obtained within 3-5 days after last exposure to a case
- Employee wears a well-fitting mask around others for a total of 10 days
- Employee continues to have no symptoms.

Table 3

<table>
<thead>
<tr>
<th>Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</th>
<th>Recommended Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Boosted; OR&lt;br&gt;• Vaccinated, but not yet booster-eligible. (Refer to <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shots.html">CDC COVID-19 Booster Shots</a> to determine who is booster-eligible)</td>
<td>• Test on day 5.&lt;br&gt;• Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)&lt;br&gt;• If testing positive, follow isolation recommendations above.&lt;br&gt;• If symptoms develop, test and stay home.</td>
</tr>
</tbody>
</table>

EXPOSED PERSONS, WHETHER QUARANTINED OR NOT:

- Should consider testing as soon as possible to determine infection status and follow all isolation recommendations above if tested positive. Knowing one is infected early during quarantine enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons ("close contacts") who may also benefit by knowing if they are infected.
- If developing symptoms, should also:
  - Self-isolate and test as soon as possible (do not wait until 5 days after exposure to retest if symptoms develop earlier); AND
  - Continue to self-isolate if test result is positive, and contact their healthcare provider regarding available treatments and any questions concerning their care.

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9. Campus Closure Guidelines

Implemented: August 30, 2021

Please note: Guidelines are subject to change based on Siskiyou County Public Health (SCPH), CalOSHA and State directives.

Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school.

Per the CDPH Re-Opening In-Person Instruction Framework:

Definition of outbreak: ‘CDPH defines a school outbreak as 3 or more confirmed or probable cases of staff or students occurring within a 14-day period who are epidemiologically linked in the school, are from different households and are not contacts of each other in any other investigation cases (e.g., transmission likely occurred in the school setting).’

Definition of stable group: ‘Stable groups provide a key mitigation layer in schools. A stable group is a group with fixed membership that stays together without mixing with any other groups for any activities’. Ex) Nursing students at the Yreka Campus who have not intermingled with general population students. If the cohort size is 16, then an outbreak would equate to 4 positive cases. SCPH has stated that, if the positive cases were immediately quarantined, closure can be limited to the specific program’s location (for example, closure of RHSI opposed to the entire Yreka Campus). Determination of students who tested positive in a group that’s considered ‘stable’ (such as an evening Welding class) possible exposure of the general population would be determined by contact tracers in collaboration with SCPH.

Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infected.

Within a 14-day period - Nine students (see definition of ‘outbreak’) test positive for COVID AND 5% of the number of students who were on-campus, when the students’ tested positive, have been infected. 5% is calculated by the average number of students who checked in via Company Nurse when the nine positive cases were confirmed by SCPH. Number of students infected is also determined by SCPH and Contact Tracers. For reference, in fall 2021 the College has 780 students enrolled in face-to-face courses and approximately 263 students checking in daily at the Weed campus and 15 at the Yreka Campus.

The Local Health Office may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

SCPH can determine if we need to close the campus based on the number of COVID cases they have confirmed as well as exposure rate.

CalOSHA 3205.2 Major COVID-19 Outbreaks: Employees

(1) This section applies to any workplace covered by section 3205 if 20 or more employee COVID-19 cases in an exposed group, as defined by section 3205(b), visited the workplace during their high-risk exposure period within a 30-day period.

(2) This section shall apply until there are fewer than three COVID-19 cases detected in the exposed group for a 14-day period

(b) Employers shall continue to comply with section 3205.1, except that the COVID-19 testing described in section 3205.1(b) shall be made available to all employees in the exposed group, regardless of vaccination status, twice a week or more frequently if recommended by the local health department.

For any instances where the campus has a confirmed positive COVID case, contact tracers would immediately commence contact tracing and SCPH would be consulted. The College is required to follow
any closure directive set forth by SCPH. Currently, the Interim President meets with SCPH once per week or, in incidences when there are multiple COVID cases, more frequently.

The safety of our students and employees remains the College's first priority. Certain populations of students are not able/allowed to complete their programs online and, specific populations of employees are not able to perform their work remotely. As such, we are closely working with our Public Health Department in ensuring Public Health and CalOSHA compliance.

10. **Self-Care During COVID**