

College of the Siskiyous

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PRESS RELEASE

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FOR IMMEDIATE RELEASE

Release #: 033 Date: August 6, 2009

LEARN THE ANCIENT AND ENDURING ART OF BELLY DANCE!

Weed / COS – Beginning in September, College of the Siskiyous will offer a students the opportunity to learn the ancient and enduring art of the Belly Dance. Creative Expression (ART 611 / #9009) will meet on Tuesday and Thursday evenings beginning September 15, from 6:30 to 7:30 p.m. in the Theater Building, room 4. The class will continue to meet weekly until December 17, 2009. Denise Mannion will instruct the class.

Students will learn the mid-Eastern and American Styles of Belly Dance, music, art, conversation, and creative expression (including writing) as a focus for stimulation and growth. The course is structured to help participants stay active physically, mentally and socially through various activities designed to stimulate creativity, expression, thinking, feeling, and communication.

Open to all ages and abilities, students will choose a semester project that may include, dance, choreography, music, costume or set design, writing, drawing or photography. Opportunities for performance and group collaborations are also offered.

For more information contact Denise Mannion at (530) 938-5804 or send an email to mannion@siskiyous.edu. Students interested in registering for classes may do so at the Weed or Yreka Campuses or online by visiting www.siskiyous.edu and clicking "COS Online Services." The Weed Campus may also be reached by calling (530) 938-5555 or toll-free, (888) 397-4339.