

College of the Siskiyous

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PRESS RELEASE

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FOR IMMEDIATE RELEASE

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COS OFFERS LIFE STORY WRITING CLASS IN YREKA

Weed / COS – College of the Siskiyous is offering Life Story Writing again this FALL 2009 SEMESTER (ENGL 599 / #29059) beginning August 20 at the COS Yreka Campus, room 1. This popular class will meet weekly on Thursday evenings from 5:30 to 7:30 p.m. Donna May is the instructor. Ms. May is a therapist and educator with over fifteen years of experience teaching classes, workshops and leading retreats on writing.

Life Story Writing gives students a safe and supportive environment to write. Emphasis will be on helping students learn how to trust their intuition, learn the varied ways they can write about their life, and encourage them to honor their story and writing. Various styles of autobiographical writing and how to “think outside the box” will be taught. This class would be of interest to anyone who wants to write for self, family, friends, and/or others.

Registration for this class is now open. For more information, call the Yreka Campus at 842-1245, Weed Campus Welcome Center at 938-5555 or the instructor at 841-0911. The Weed Campus can also be reached by calling toll-free: (888) 397-4339. Students may also register for classes by visiting the COS website at www.siskiyous.edu and click on the Navigator logo.

