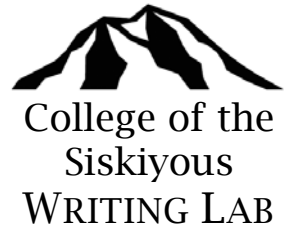


# SAMPLE APA TITLE PAGE AND POINTERS



**Introduction:** APA format is often required for papers in psychology and some other classes. The formatting details are very specific.

Running head: TOURISM DEVELOPMENT ON INDIAN RESERVATIONS

1

The running head is a shortened version of the paper's full title and cannot exceed 50 characters. The running head should be flush left and page numbers should be flush right. For pages following the title page, repeat the running head (using the same shortened version of the paper's full title in all capital letters) but eliminate the preceding words: "Running head."

Tourism Development on Indian Reservations

in the Western United States

Jessica Townsend

College of the Siskiyous

About halfway down the page, the title should be centered and typed in 12-point Times New Roman font. It should not be bolded, underlined, or italicized.

Tourism Development on Indian Reservations  
in the Western United States

Before getting started you will notice some things about an APA paper. First, everything is double-spaced. Second, margins are 1-inch wide on all sides. Third, there are a number of headings used throughout to separate different parts of the paper. Fourth, and this is perhaps a surprise, there are exactly two spaces after each period throughout the paper. If your instructor requires an abstract, it will follow the title page. If no abstract is required, the full title of the paper is typed at the top of the following page (be sure to center the title) and below the header (shortened version of the paper's full title). Now that those details are out of the way, you should know that this first part of the paper is called the "Introduction" section, yet it does not actually have a heading titled "Introduction." Instead the "Introduction" section heading is titled: A Review of the Literature. In this section, you often start with a paragraph that introduces the problem/issue under study. The bulk of the "Introduction" section is background literature on the topic being researched. Here a literature review is often very helpful to provide a theoretical or empirical basis for the research. Remember to cite often.