

INSTRUCTOR	Lyndi Scholl		OFFICE	Gym 109	
SEMESTER	Fall 2022		EXTENSION	5369	
	MON	TUES	WED	THUR	FRI
7:00-8:00am		VOLLEYBALL WEIGHTS		VOLLEYBALL WEIGHTS	
8:00-10:00am	VOLLEYBALL PRACTICE	VOLLEYBALL PRACTICE	VOLLEYBALL PRACTICE	VOLLEYBALL PRACTICE	8:00-10:00am <u>VOLLEYBALL</u> <u>PRACTICE</u>
10-11:00am	OFFICE HOUR	OFFICE HOUR	ZOOM OFFICE HOUR	OFFICE HOUR	OFFICE HOUR
11-2:00PM					
2:15-3PM		WBASKETBALL WEIGHTS		WBASKETBALL WEIGHTS	
4:15-5:15PM		SOFTBALL WEIGHTS		SOFTBALL WEIGHTS	
5:15-6:15PM		CIRCUIT TRAINING CLASS	GAME DAY	CIRCUIT TRAINING CLASS	GAME DAY