

Fire Academy

College of the Siskiyous, 800 College Ave., Weed, CA 96094
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Physical Agility Test Information

Do not drink caffeinated drinks (coffee, tea, soda) before testing as these will elevate your blood pressure and you will not be allowed to test for health reasons. Your blood pressure will be taken before and after testing to determine recovery time after testing. Bring a snack. Testing may take all day.

This is an extremely physical test. Get in shape and stay in shape!

Date: Wednesday, May 21, 2025

Time: 9:00 am sharp!

Where: College of the Siskiyous Fire Tower (see map on next page)

Bring:

- Signed Physician's Release Form (no exceptions!)
- Wear comfortable clothes (long pants, not shorts)
- Athletic shoes or light hiking boots (shoes should have soft rubber traction soles and support around ankles and foot). Avoid smooth-soled court shoes.
- You have 6 minutes to complete the test
- It is a pass / fail test

Note: Students must pass the physical agility test conducted by College of the Siskiyous or have a **current** CPAT card.

If you have any questions, please do not hesitate to call our office at: (530) 938-5512.