

WEEK FOUR BREAKFAST

Monday - Cheesy Eggs

Scrambled Eggs with Cheese, Potatoes, Bacon/Sausage, Fruit

Tuesday - Basic Breakfast

Eggs, Bacon or Sausage, Potatoes

Wednesday - Breakfast Sandwich

Croissant with Fried Egg, Bacon or Sausage, Cheddar Cheese, with Hash Brown Patty

Thursday - Banana Pancakes

Banana Pancakes, Bacon, Eggs

Friday - English Muffin Breakfast Sando

Bacon, Egg, Cheese, Tomato, Greens, on Toasted English Muffin, with Fruit

WEEK FOUR LUNCH

Monday - Pizza Bread

French Bread with Pizza Sauce, Cheese, and Pepperoni, with Caesar Salad

Tuesday - Loaded Nachos

House Made Tortilla Chips, Cheese, Beef or Chicken, Onion, Jalapeno, Olives

Wednesday - Cobb Salad

Greens, Ham, Turkey, HB Egg, Cheese, Tomato, and Dressing

Thursday - Power Bowl (High Protein)

Chicken, Brown Rice, Avocado, Pepitas, Roasted Veggies, Greens, & Dressing

Friday - CA Burger - Impossible Burger

Beef Burger, Bacon, Avocado, Cheese, Lettuce, and Tomato, Garlic Aioli, Onion, with Fries or Pasta Salad

WEEK FOUR DINNER

Monday - Tortellini

Cheese Tortellini, Cream Sauce, Sliced Chicken, Veggies

Tuesday - Roasted Chicken

Roasted Chicken, Mashers, Veggies

Wednesday - Beef Fajita

Beef Strips, Peppers/Onion, Tortilla, Beans, Rice, and Condiments

Thursday - Pulled Pork Sandwich

BBQ Pulled Pork served on a bun, Sweet potato fries and coleslaw.

Friday - Korean Wings

Beef Marinated in Korean Sauce, Brown Rice, and Veggies

BE WELL * BE SAFE



MAIN BUFFET PRICE

Breakfast \$ 7.57

Lunch \$ 8.38

Dinner \$ 9.24

**Grab and Go item
pricing varies**



Gluten Free and Vegan Options Are Always Available.
Please Inform Supervisor Of Any Food Allergies or Dietary
Restrictions or Preferences

EAGLE CAFE

Breakfast

Monday - Friday 7:00 - 9:00
Weekends: Grab and Go Only

Lunch

Monday - Friday 12:00 - 2:00
Weekends: Grab and Go Only

Dinner

Monday - Friday 5:00 - 6:30
Weekends: Grab and Go Only
Weekend Hours: 10:00 - 2:00



This menu is subject to change
due to vendor ordering
restrictions

WEEK ONE BREAKFAST

Monday - Basic Breakfast

Eggs, Bacon or Sausage, and Potatoes

Tuesday - Breakfast Bowl

Diced Potatoes, Eggs, Veggies, Cheese, Salsa and Sour Cream

Wednesday - Breakfast Burrito

Hash Browns, Sausage or Bacon, Eggs, Cheese, Salsa and Sour Cream

Thursday - Beef Hash

Diced Beef, Diced Potatoes, Bell Pepper, Onion, with Eggs

Friday - French Toast

House Made French Toast with Bacon or Sausage, and Fruit

WEEK ONE LUNCH

Monday - Deli Sandwich

Choose Roast Beef or Turkey on a Roll with Lettuce, Tomato, Red Onion, Cheese, and Fries

Tuesday - Taco

2 Tacos, Rice, Beans, and Condiments

Wednesday - Italian Pasta Salad

Pasta Tossed With Veggies, Salami, Olives, Cheese, and Dressing

Thursday - Grilled Cheese and Tomato Soup

Provolone and Cheddar Cheese Grilled served with Tomato Soup.

Friday - Eagle Burger / Impossible Burger

Burger, Lettuce, Tomato, Red Onion, Cheese, and Bacon with Fries

WEEK ONE DINNER

Monday - Chicken and Pasta Alfredo

Grilled Chicken over Pasta with Alfredo Sauce, Veggies, Dinner Roll

Tuesday - Chicken Fried Steak

Crispy Chicken Fried Steak, Mashed Potatoes, Country Gravy and Corn

Wednesday - Steak Dinner

Grilled Steak, French Fries, Green Salad

Thursday - Teriyaki Chicken

Teriyaki Chicken Veggies and Rice

Friday - Pizza & Wings

Individual Pizza (Pepperoni, Veggie, or Cheese), 6 Wings with Sauce, Salad

WEEK TWO BREAKFAST

Monday - Buttermilk Pancakes

2 Pancakes, Bacon or Sausage, Eggs

Tuesday - Breakfast Sandwich

Toasted Croissant, Fried Egg, Bacon or Sausage, Cheese, with Tots or Fruit

Wednesday - Beef Hash

Diced Beef, Diced Potatoes, Bell Pepper, Onion, with Eggs

Thursday - Eagle Scramble

Scrambled Eggs with Bacon, Cheese, Veggies, with Hash Browns

Friday - Basic Breakfast

Eggs, Bacon or Sausage, Potatoes

WEEK TWO LUNCH

Monday - Entree Salad

Choose: Chicken Caesar OR Steak & Bleu Cheese

Tuesday - Fajitas

Chicken Fajita, Rice, Beans, and Condiments

Wednesday - Deli Sandwich

Choose Roast Beef or Turkey, Lettuce, Tomato, Red Onion, Cheese on a Roll, with Chips

Thursday - Thai Coconut Curry

Chicken with vegetables in mild curry sauce over bed of Rice

Friday - College Wrap

Chicken, Bacon, Lettuce, Tomato, Shredded Cheese, and Ranch Dressing, with Fries

WEEK TWO DINNER

Monday - Mandarin Orange Chicken

Breaded Chicken in Orange Sauce, Steamed Rice, and Veggies

Tuesday - Roasted Chicken Dinner

Organic Roasted Chicken, Veggies, Brown Rice Salad

Wednesday - Broccoli Beef

Marinated Beef and Broccoli Over Rice

Thursday - Strips OR Wings

Fried Chicken Strips or Wings with Sauce, and Fries

Friday - Steak Sandwich

Thin Sliced Steak, Lettuce, Tomato, Onion, Cheese, with Fries or Caesar Salad

WEEK THREE BREAKFAST

Monday - French Toast

House Made French Toast, Bacon or Sausage, and Fruit

Tuesday - Protein Bowl

Diced Potatoes, Avocado, Chicken Sausage, Greens, 2 Eggs, Cheese

Wednesday - Breakfast Burrito

Hash Browns, Bacon or Sausage, Eggs, Cheese, Salsa and Sour Cream, with Fruit

Thursday - Blueberry or Banana Pancakes

2 Pancakes, Bacon or Sausage, and Eggs

Friday - Eagle Scramble

Scrambled Eggs with Bacon, Cheese, Veggies, Greens, with Hash Brown

WEEK THREE LUNCH

Monday - Strips and Fries

4 Chicken Strips, Fries, and Dipping Sauces

Tuesday - Green Chile Chicken Sandwich

Grilled Sandwich with Sliced Chicken, Green Chile, and Jack Cheese, with Green Salad or Tots

Wednesday - Mexican Caesar Salad

Greens Topped with Chopped Chicken or Beef, Corn, Tomato, Black Beans, Bell Pepper, Olives, Cotija Cheese with Mexican Caesar Dressing

Thursday - Philly Cheese Steak Sandwich

Amorosa Roll Stuffed with Sliced Beef, Peppers, Onions, and Provolone Cheese, with Fries or Green Salad

Friday - Buffalo Chicken Sandwich

Crispy Chicken, Shredded Lettuce, Tomato, Red Onion, and Buffalo Mayonnaise in Flour Tortilla with Tots or Fruit

WEEK THREE DINNER

Monday - BBQ Chicken

BBQ Chicken, Pasta, and Veggies

Tuesday - Teriyaki Beef

Teriyaki Beef, Rice and Veggies

Wednesday - BBQ Ribs

BBQ Ribs, Au Gratin Potatoes, Veggies

Thursday - Spaghetti with Red Sauce

Spaghetti with Red Meat Sauce, Caesar Salad, Garlic Bread

Friday - Enchiladas

Cheese or Chicken Enchiladas, Rice, Beans, and Condiments