WEEK FOUR LUNCH

Monday - Deli Sandwich with Chips
Turkey Breast or Roast Beef with Tomatoes, Lettuce, Pickle, Onion, and cheddar Cheese and a bag of Chips.

Tuesday - Loaded Nachos
House Made Tortilla Chips, Cheese, Beef or Chicken, Onion, Jalapeno, Olives

Wednesday - Cobb Salad
Greens, Ham, Turkey, HB Egg, Cheese, Tomato, Avocado, Blue Cheese Crumbles, and Dressing

Thursday - Cheese Manicotti
Cheese filled Pasta with Marinara Sauce, Side Salad, and a Dinner Roll

Friday - Fish and Chips
(3) Pieces of Pub Style Fish with French Fries, Tatar Sauce, Lemon Wedge, and Crisp Coleslaw.

WEEK FOUR DINNER

Monday - Tortellini
Cheese Tortellini, Cream Sauce, Sliced Chicken, Veggies, Salad

Tuesday - Roasted Chicken
Roasted Chicken, Mashed Potatoes, Veggies, Salad.

Wednesday - Beef Fajita
Beef Strips, Peppers/Onion, Tortilla, Beans, and Rice.

Thursday - Pulled Pork Sandwich
BBQ Pulled Pork served on a bun, Sweet potato fries and coleslaw, Salad

Friday - BBQ Chicken Wings
(6) BBQ Chicken Wings served with French Fries and a Green Salad

BE WELL * BE SAFE

MAIN BUFFET PRICE

Lunch $ 8.75
Dinner $ 9.75
Grab and Go item pricing varies

GLUTEN FREE AND VEGAN OPTIONS ARE ALWAYS AVAILABLE.
PLEASE INFORM THE COOK OF ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS OR PREFERENCES

REV. 12/16/23

Served
Jan22-Feb 26-Mar 25-Apr 22-May 20

EAGLE CAFE DINING HALL

Breakfast
See Grill Menu

Lunch
Monday - Friday 12:00 - 2:00

Dinner
Monday - Friday 5:00 - 6:30

Weekends and Holidays
Grab and Go Items Only
10:00am - 2:00pm

This menu is subject to change due to vendor ordering restrictions

It is the policy of College of the Siskiyous not to discriminate on the basis of race, color, national origin, sex or disability in its educational programs and its employment practices.

Rev. 12/16/23
### WEEK ONE LUNCH

**Monday - Beef or Cheese Raviolis**  
Beef or Cheese Raviolis with Marinara Sauce a Dinner Roll and a Small Green Salad

**Tuesday - Philly Steak Sandwich**  
Thin Sliced Seasoned Beef with Grilled Bell Peppers and Onions with a Smooth Cheese Sauce on a Soft French Roll with French Fries.

**Wednesday - Orange Chicken**  
Zesty Orange Chicken Served over Jasmine Rice with a Small Salad

**Thursday - Beef Enchiladas**  
Seasoned Beef and Cheese Rolled in a 12 Inch Tortilla, Smothered in a Red Sauce and Refried Beans

**Friday - Fish and Chips**  
(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tartar Sauce.

### WEEK ONE DINNER

**Monday - Chicken and Pasta Alfredo**  
Grilled Chicken over Pasta with Alfredo Sauce, Veggies, Dinner Roll, Salad

**Tuesday - Fried Chicken Dinner**  
Crispy Chicken Fried served with Mashed Potatoes, Gravy and Corn, Salad

**Wednesday - Cheddar Meatloaf Dinner**  
Personal size meatloaf, French Fries, Green Salad

**Thursday - Teriyaki Chicken**  
Teriyaki Chicken Veggies and Rice, Salad

**Friday - Pizza & Wings**  
Individual Pizza (Pepperoni, Veggie, or Cheese), 6 Wings with Sauce, Salad

### WEEK TWO LUNCH

**Monday - Chicken Parmesan**  
Breaded Chicken in a Marinara Sauce over Rotini Noodles and a Small Salad

**Tuesday - Chicken Fajitas**  
Seasoned Chicken with Grilled Onions and Peppers in Flour Tortillas served with Spanish Rice and Refried Beans

**Wednesday - Double Grilled Cheese**  
Grilled Sourdough with Cheddar and Provolone Cheese, Served with Tomato Bisque Soup

**Thursday - Chili Dogs**  
X.L., All Beef Hot Dog on a Brioche Bun, Topped with Chili and Served with French Fries

**Friday - Fish and Chips**  
(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tartar Sauce.

### WEEK TWO DINNER

**Monday - Mandarin Orange Chicken**  
Breaded Chicken in Orange Sauce, Steamed Rice, and Veggies

**Tuesday - Roasted Chicken Dinner**  
Roasted Chicken, Veggies, Brown Rice, Salad

**Wednesday - Broccoli Beef**  
Marinated Beef and Broccoli Over Rice

**Thursday - Strips OR Wings**  
Fried Chicken Strips or Wings with Sauce, Fries, and Salad

**Friday - Steak Sandwich**  
Thin Sliced Steak, Lettuce, Tomato, Onion, Cheese, with Fries or Caesar Salad

### WEEK THREE LUNCH

**Monday - Strips and Fries**  
4 Chicken Strips, Fries, and Dipping Sauces, or a Salad

**Tuesday - Cajun Chicken Sandwich**  
Grilled Sandwich with Sliced Chicken, Green Chile, and Jack Cheese, with Green Salad, or Tots.

**Wednesday - Mexican Caesar Salad**  
Greens Topped with Chopped Chicken or Beef, Corn, Tomato, Black Beans, Bell Pepper, Olives, Cotija Cheese with Mexican Caesar Dressing

**Thursday - Philly Cheese Steak Sandwich**  
Amorosa Roll Stuffed with Sliced Beef, Peppers, Onions, and Melted Cheese, with Fries, or a Salad

**Friday - Fish and Chips**  
(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tartar Sauce.

### WEEK THREE DINNER

**Monday - BBQ Chicken**  
BBQ Chicken, Pasta, Veggies, Baked Beans, and Salad

**Tuesday - Teriyaki Beef**  
Teriyaki Beef, Rice and Veggies, Salad

**Wednesday - BBQ Pork Ribs**  
BBQ Pork Ribs, Au Gratin Potatoes, Veggies, Salad.

**Thursday - Spaghetti with Red Sauce**  
Spaghetti with Red Sauce, Caesar Salad, Garlic Bread

**Friday - Sloppy Joes**  
Savory beef marinated in a classic red sauce on an open face bun, Veggies, Salad