

Served  
Sep 9-Oct 7-Nov 3-Dec 1

## WEEK FOUR LUNCH

### Monday - Deli Sandwich with Chips

*Turkey Breast or Roast Beef with Tomatoes, Lettuce, Pickle, Onion and cheddar Cheese and a bag of Chips.*

### Tuesday - Loaded Nachos

*House Made Tortilla Chips, Cheese, Beef or Chicken, Onion, Jalapeno, Olives*

### Wednesday - Cobb Salad

*Greens, Ham, Turkey, HB Egg, Cheese, Tomato, Avacado, Blue Cheese Crumbles, and Dressing*

### Thursday - Cheese Manicotti

*Cheese filled Pasta with Marinara Sauce, Side Salad, and a Dinner Roll*

### Friday - Fish and Chips

*(3) Pieces of Pub Style Fish with French Fries, Tatar Sauce, Lemon Wedge, and Crisp Coleslaw.*

## WEEK FOUR DINNER

### Monday - Tortellini

*Cheese Tortellini, Cream Sauce, Sliced Chicken, Veggies, Salad*

### Tuesday - Roasted Chicken

*Roasted Chicken, Mashed Potatoes, Veggies, Salad.*

### Wednesday - Beef Fajita

*Beef Strips, Peppers/Onion, Tortilla, Beans, and Rice.*

### Thursday - Pulled Pork Sandwich

*BBQ Pulled Pork served on a bun, Sweet potato fries and coleslaw, Salad*

### Friday - BBQ Chicken Wings

*(6) BBQ Chicken Wings served with French Fries and a Green Salad*

**BE WELL \* BE SAFE**



**MAIN BUFFET PRICE**

Lunch \$ 8.75

Dinner \$ 9.75

Grab and Go item  
pricing varies



*Gluten Free and Vegan Options Are Always Available.  
Please Inform the Cook Of Any Food Allergies or Dietary  
Restrictions or Preferences*

Rev. 05/27/24

*It is the policy of College of the Siskiyous not to discriminate  
on the basis of race, color, national origin, sex or disability in  
its educational programs and its employment practices.*

# FALL '24 EAGLE CAFE DINING HALL

Breakfast  
See Grill Menu

Lunch  
Monday - Friday 12:00 - 2:00

Dinner  
Monday - Friday 5:00 - 6:30

Weekends and Holidays  
Grab and Go Items Only  
10:00am - 2:00pm



This menu is subject to change  
due to vendor ordering  
restrictions

Served

Aug 19-Sep 16-Oct 13-Nov 10-Dec 2

## WEEK ONE LUNCH

### Monday - Beef or Cheese Raviolis

*Beef or Cheese Raviolis with Marinara Sauce a Dinner Roll and a Small Green Salad*

### Tuesday - Philly Steak Sandwich

*Thin Sliced Seasoned Beef with Grilled Bell Peppers and Onions with a Smooth Cheese Sauce on a Soft French Roll with French Fries.*

### Wednesday - Orange Chicken

*Zesty Orange Chicken Served over Jasmine Rice with a Small Salad*

### Thursday - Beef Enchiladas

*Seasoned Beef and Cheese Rolled in a 12 Inch Tortilla, Smothered in a Red Sauce and comes with Spanish Rice and Refried Beans*

### Friday - Fish and Chips

*(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tartar Sauce.*

## WEEK ONE DINNER

### Monday - Chicken and Pasta Alfredo

*Grilled Chicken over Pasta with Alfredo Sauce, Veggies, Dinner Roll, Salad*

### Tuesday - Fried Chicken Dinner

*Crispy Chicken Fried served with Mashed Potatoes, Gravy and Corn, Salad*

### Wednesday- Meatloaf Dinner

*Personal size meatloaf, Rice, Gravy and Green Salad.*

### Thursday - Teriyaki Chicken

*Teriyaki Chicken Veggies and Rice, Salad*

### Friday - Pizza & Wings

*Individual Pizza (Pepperoni, Veggie, or Cheese), 3 Wings with Sauce, Small Salad.*

Served

Aug 26-Sep 23-Oct 20-Nov 17-Dec 9

## WEEK TWO LUNCH

### Monday - Chicken Parmesan

*Breaded Chicken in a Marinara Sauce over Rotini Noodles and a Small Salad*

### Tuesday - Chicken Fajitas

*Seasoned Chicken with Grilled Onions and Peppers in Flour Tortillas served with Spanish Rice and Refried Beans*

### Wednesday - Double Grilled Cheese

*Grilled Sourdough with Cheddar and Provolone Cheese, Served with Tomato Bisque Soup*

### Thursday - Chili Dogs

*X.L., All Beef Hot Dog on a Brioche Bun, Topped with Chili and Served with French Fries*

### Friday - Fish and Chips

*(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tatar Sauce.*

## WEEK TWO DINNER

### Monday - Mandarin Orange Chicken

*Breaded Chicken in Orange Sauce, Steamed Rice, and Veggies*

### Tuesday - Roasted Chicken Dinner

*Roasted Chicken, Veggies, Brown Rice, Salad*

### Wednesday - Broccoli Beef

*Marinated Beef and Broccoli Over Rice*

### Thursday - Strips OR Wings

*Fried Chicken Strips or Wings with Sauce, Fries, and Salad*

### Friday - Philly Steak Sandwich

*Thin Sliced Seasoned Steak, Grilled Bell Peppers, Onion, Melted Cheese, on an Amorosa Roll, with Fries or Caesar Salad.*

Served

Sep 2-Sep 30-Oct 27-Nov 24

## WEEK THREE LUNCH

### Monday - Strips and Fries

*4 Chicken Strips, Fries, and Dipping Sauces, or a Salad.*

### Tuesday - Cajun Chicken Sandwich

*Grilled Sandwich with Sliced Chicken, Green Chile, and Jack Cheese, with Green Salad, or Tots.*

### Wednesday - Mexican Caesar Salad

*Greens Topped with Chopped Chicken or Beef, Corn, Tomato, Black Beans, Bell Pepper, Olives, Cotija Cheese with Mexican Caesar Dressing*

### Thursday - Philly Cheese Steak Sandwich

*Amorosa Roll Stuffed with Sliced Beef, Peppers, Onions, and Melted Cheese, with Fries, or a Salad*

### Friday - Fish and Chips

*(3) Pieces of Pub Style Fish with French Fries and Crisp Coleslaw, Lemon Wedge and Tartar Sauce.*

## WEEK THREE DINNER

### Monday - BBQ Chicken

*BBQ Chicken, Pasta, Veggies, Baked Beans, and Salad*

### Tuesday - Teriyaki Beef

*Teriyaki Beef, Rice and Veggies, Salad*

### Wednesday - BBQ Pork Ribs

*BBQ Pork Ribs, Au Gratin Potatoes, Veggies, Salad.*

### Thursday - Spaghetti with Red Sauce

*Spaghetti with Red Sauce, Caesar Salad, Garlic Bread*

### Friday - Sloppy Joes

*Savory beef marinated in a classic red sauce on an open face bun, Veggies, Salad*