### **CVT PPO Health Plans with Blue Shield of California and CVS/caremark**

## Physical/Speech/Occupational Therapy, Chiro/Acupuncture with SimpleTherapy

# College of the Siskiyous - CERTIFICATED, CLASSIFIED, MANAGEMENT, TRUSTEES

## October 1, 2025 - September 30, 2026

BENEFIT	HDHP 1		HDHP 2	
	Individual: \$1,700		Individual: \$2,600	
Calendar Year Deductible	Family: \$3,400		Family: \$5,200	
	(No individual limit applies to family)		(No individual limit applies to family)	
Coinsurance	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Calendar Year Out of Pocket Maximum (includes medical/pharmacy deductible, coinsurance, and copays) (2)	Individual: \$5,000		Individual: \$6,000	
	Family: \$10,000		Family: \$12,000	
	Family = Employee with 1 or more covered dependents. No one individual will pay more than \$5,000.		Family = Employee with 1 or more covered dependents. No one individual will pay more than \$6,000.	
Doctor Visits	Primary Care Physician - Paid at 90%* after deductible is met		Primary Care Physician - Paid at 80%* after deductible is met	
	Specialist Physician - Paid at 90% after deductible is met		Specialist Physician - Paid at 80% after deductible is met	
Preventive Care / Immunizations	Paid at 100%*		Paid at 100%*	
Outpatient Laboratory	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Outpatient Radiology	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Durable Medical Equipment	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Ambulance - Ground / Air	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Physical Therapy	Paid at 90%* <sup>(1)</sup> after deductible is met		Paid at 80%* <sup>(1)</sup> after deductible is met	
Chiropractic	Paid at 90%* <sup>(1)</sup> after deductible is met		Paid at 80%* <sup>(1)</sup> after deductible is met	
Acupuncture	Paid at 90%* after deductible is met.		Paid at 80%* after deductible is met.	
	Maximum of 12 visits per calendar year		Maximum of 12 visits per calendar year	
Outpatient Surgery	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Hospital Inpatient	Paid at 90%* after deductible is met;		Paid at 80%* after deductible is met;	
	Unlimited days, Semi-private room		Unlimited days, Semi-private room	
Hospital Emergency Room	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Urgent Care	Paid at 90%* after deductible is met		Paid at 80%* after deductible is met	
Home Health Care	Paid at 90%* after deductible is met;		Paid at 80%* after deductible is met;	
	Limited to 100 visits per calendar year		Limited to 100 visits per calendar year	
Telehealth	MDLIVE - Paid at 100%* for non-emergency medical, dermatology, behavioral health, and primary care visits. Call <b>1-888-632-2738</b> or visit <b>www.mdlive.com/CVT</b>		MDLIVE - Paid at 100%* for non-emergency medical, dermatology, behavioral health, and primary care visits. Call 1-888-632-2738 or visit www.mdlive.com/CVT	
Virtual Physical Therapy	Paid at 100%. Call <b>1-800-644-2478</b> for virtual musculoskeletal (MSK) benefits by		Paid at 100%. Call <b>1-800-644-2478</b> for virtual musculoskeletal (MSK) benefits by	
	SimpleTherapy.		SimpleTherapy.	
Employee Assistance Program (EAP) through Carelon	Paid at 100% - Visit www.carelonwellbeing.com/cvt or call 1-877-397-1032 to access benefit (3)		Paid at 100% - Visit www.carelonwellbeing.com/cvt or call 1-877-397-1032 to access benefit (3)	
Prescription Drugs	Retail <sup>(4,9)</sup>	Mail Order <sup>(4,9)</sup>	Retail <sup>(4,9)</sup>	Mail Order <sup>(4,9)</sup>
	Subject to deductible, then	Subject to deductible, then	Subject to deductible, then	Subject to deductible, then
	\$25 Generic Copay	\$50 Generic Copay	\$25 Generic Copay	\$50 Generic Copay
	\$50 Brand Copay	\$100 Brand Copay	\$50 Brand Copay	\$100 Brand Copay
	(30 Day-Supply)	(90 Day-Supply)	(30 Day-Supply)	(90 Day-Supply)

#### PPO Plans:

- \* For Covered Expenses Only: When using Non-PPO & Other Health Care Providers, members are responsible for any difference between the covered expense and actual charges, as well as any deductible & percentage copay. All percentages are based on payments to preferred hospitals, physicians and other network providers. Anthem BDC+ required procedures excluded from \$250 outpatient surgery copay.
- (1) Non-Par Providers limited to a combined maximum of 13 visits per year.
- (2) Retired members enrolled in Medicare: (1) MDLIVE Behavioral Health visits are excluded (2) The PrudentRx program is not applicable and pharmacy cost share will not apply to out of pocket maximums (3) CVT PPO Plans 1-10 pay according to non-duplication of Medicare benefits therefore those plan designs are inclusive of Medicare's payment.
- (3) EAP Up to 6 counseling sessions per covered member, per benefit year (max 2 episodes/courses of treatment).
- (4) If you are enrolled in the PrudentRx Copay Program your out-of-pocket cost for specialty medications will be \$0. If you do not enroll in the PrudentRx Copay Program, you will be subject to a 30% coinsurance for your specialty medications.
- (9) For GLP-1 information, visit www.cvtrust.org/glp1

This summary is for comparison purposes only. Please refer to the actual benefit booklet for complete benefits at www.cvtrust.org/plan-documents.