

From: [Perlas, Char](#)
To: [Perlas, Char](#)
Subject: 08-17-26 All-College Email
Date: Monday, August 17, 2026 8:50:45 AM
Attachments: [Aug 2026 Grief Support Sessions.pdf](#)
[SJEDI Logo.png](#)
[image.png](#)

Welcome to the start of the fall semester!

I don't know about you but I'm still thinking about Dr. Grandin's fantastic keynote presentation. It made quite an impression, and the community turnout was fantastic! In alignment with sentiments she shared, August is National Wellness Month! Give yourself permission to slow down, destress, and nurture habits that bring out your brightest, healthiest self. Maybe commit to doing 120 pushups everyday (as Dr. Grandin mentioned)?

Additionally, below are mental health resources for -

Students: We will be sending the following resources to all student mailboxes: Aug. 2026 Grief Sessions (schedule attached). [Timely Care](#): 24/7 virtual care, self-care, and well-being tools. Personal Counseling: Contact Counseling Services at (530) 938-5353 or counselingservices@siskiyous.edu to set up an appointment to talk to our Personal Counselor. Additional Resources: <https://www.siskiyous.edu/health/>

Employees: CVT offers a range of resources including exploring wellness topics, resources for leaders, finding a counselor and paying finances. To learn more, visit [California's Valued Trust EAP | CarelonWellbeing](#).

This week's updates:

- **Enrollment Report:** Can be accessed by visiting the [Enrollment Report Webpage](#). Looks like our credit and non-credit enrollments continue to rise. Great job everyone!
- **Maintenance, Facilities and [Construction](#) Updates:** Maintenance will be testing the generator at 6 AM this week to be sure it shunts appropriately when needed. This will be less than a two-minute outage. Pacific Power will continue wildfire management throughout the month of August and September; the power could be turned off at any time without warning due to wind. The maintenance team completed hands on fire extinguisher training on Friday; we are ready to protect. Maintenance will also be completing the lighting retrofit project in ESTC.
- **Reminder: Sign up for [COS Connect](#):** If you haven't done so already, please sign up for COS Connect and remind your students to sign up as well. COS Connect is our alert system which sends various types of notifications.
- **2026 Facility Champion Award Recipient:** The editors of FacilitiesNet has announced that Veronica (Ronnie) Rivera has been named a recipient of the fifth annual Facility Champions award. Ronnie's nomination was recognized as a winner among more than 100 facility managers nominated from across the country. Nominees consisted of facility

leaders in education, commercial, not-for-profit, healthcare, and the entertainment industries. The nominees were an impressive group and to earn the title of Facility Champion is quite an honor. Congratulations Ronnie! This has also been featured on our [Eagle Excellence](#) Webpage.

- **AB 1555:** Assembly Bill 1555 (AB 1555), allows the College of the Siskiyous to exempt up to 200 eligible students residing in neighboring Oregon counties from paying nonresident tuition fees, enabling them to pay in-state rates. I am happy to report that AB 1555 has passed through Senate Appropriations! The bill will now progress through the chamber floor and the approved bill then goes to the Governor.
- **Reminder: Colleague of the Month:** We are restarting acceptance of nominations for Colleague of the Month. To submit a nomination visit: [Colleague of the Month Nomination Form](#). The form can also be accessed in mySiskiyous in the Employee area, Professional Development section.



- **Siskiyous Accessibility Webpage:** As a reminder, we have an [Accessibility webpage](#) which consists of a variety of tips in ensuring content is accessible. Please integrate accessibility considerations directly into your operational processes and core practices.

Have a GREAT first day of the Semester!!!

Char

	Char Perlas PhD MPA MS Superintendent/President College of the Siskiyous Great Location. Great Education.		
	+15309385248		cperlas@siskiyous.edu
	www.siskiyous.edu		800 College Ave. Weed, CA 96094
			